



FOX VALLEY MEMORY PROJECT

[Website](#) [About](#) [Resource Center](#) [Memory Assessment](#) [Contact](#) [Giving](#)

October 1, 2019

Walk to End Alzheimer's on October 5: The FVMP Team

As participants in the Alzheimer's Association Walk to End Alzheimer's®, we are leading the way to Alzheimer's first survivor - but we can't take on this disease alone. Will you join Fox Valley Memory Project on October 5 by walking beside us? With you on the team we can make a real difference in the fight against the nation's sixth-leading cause of death.

Registration is easy; simply visit the FVMP Walk to End Alzheimer's participant page and join our team. If you're unable to participate, please consider making a donation to the fundraising campaign. Every dollar advances the care, support and research efforts of the Alzheimer's Association®.

Thank you!

FVMP page: https://act.alz.org/site/TR?fr_id=12281&pg=team&team_id=577596&fbclid=IwAR2jR3DjSAelhTRxKns7iizGzHKHm9-sZT_4igCEChPVZygeVnBA3-L1OCK

Fall Bus Trip to Green Bay Botanical Gardens!

Come along to the Green Bay Botanical Gardens for what will hopefully be a beautiful autumn day to see all that the Gardens have to offer before they are "put to bed" for the cold Wisconsin winter.

Afterwards, we'll go for lunch at Green Bay Distillery.
Choose from a menu with so many Wisconsin flavors, crafted in a delicious way!

[Registration Form is here.](#)
[Information Sheet is here.](#)

Please send or drop off one Registration Form per person with payment (\$30/person) to:

Fox Valley Memory Project
1800 Appleton Road
Menasha, WI 54952

Or e-mail scanned forms to brianna@foxvalleymemoryproject.org and bring payment to our office at the address above.

Registration is open until Friday, October 4 at noon.

St Paul Elder Services: Memory Lane Walk/Run

St Paul Elder Services is hosting a 1st Annual Memory Lane Walk/Run/Stroll! This event is a special way to memorialize the people you have loved and lost; those who are gone, but never forgotten. We want to honor their lives and their stories.

Walt Zerrenner, dedicated supporter and volunteer of FVMP, will be participating as a "captain" of a FVMP walking group. Please join Walt at this first-time event!

[Follow this link to register and for more information.](#)

For questions or more information, contact Mandy Stambuk at St Paul Elder Services at 920 766-6020 ext 171.

SAVE THE DATE! *Saturday, November 9*

8:30a - 12:30p | To Your Health & Safety Seminar
Hosted at the Memory Care Resource Center at St. Paul Elder Services
(221 E 13th Street, Kaukauna)

An event designed for individuals living with memory loss and their care partners.

[Find the full information and how to register here.](#)

+++++

2:00p - 4:00p | Musical Explorations: Community Music Event!
Hosted at Thompson Center on Lourdes
(2331 E Lourdes Drive, Appleton)

Join Fox Valley Memory Project's On a Positive Note chorus, along with The Jukebox Quartet of the Fox Valleyaires and care communities singing along with John McFadden, in an afternoon of familiar tunes and toe-tapping! Artwork with a musical theme will be displayed, some created by Memory Cafe participants.

This event is FREE and everyone is invited to attend!
Refreshments will be served following the show.

Memory Cafés: *FVMP Welcomes New Cafe Site!*

This month we welcome a new Memory Cafe site! St John United Church of Christ (UCC), located at 1130 W Marquette Street in Appleton, is very excited to bring Memory Cafes to the Appleton and Grand Chute areas on the 4th Tuesday of each month!

[October Memory Cafes](#)

[November Memory Cafes](#)

We request everyone attend with a partner if possible - the experience is that much better if you are able to share it with someone! Call 920 225-1711 for more information.

Purple Angel Dementia Awareness Training

Fox Valley Memory Project staff and volunteers are gearing up to retrain our current list of businesses and organizations who have received Purple Angel Dementia Awareness training in the past. FVMP wants to make sure that persons facing dementia, and their care partners and family members, are able to participate in the community with as much independence as they are comfortable with.

Recently, J-Dog Junk Removal and Hauling, Chilton Public Library, Hearing Life, Inc., Wolf River Saving Bank, and Bridgewood Resort have joined the Purple Angel / Dementia-Friendly Community! This is so important for patrons to know that they can still visit these places, even if they are facing some difficulties with memory loss.

As for upcoming trainings, YMCAs across the Fox Valley including Neenah Menasha, Heart of the Valley, and Fox West locations, will be trained to gain understanding in assisting guests who may have some difficulties due to memory loss. Additionally, Unison Credit Union locations in Kaukauna will be trained too!

The more the merrier! If you would like more information, please reach out to Brianna Jenkins at 920 225-1711 or e-mail brianna@foxvalleymemoryproject.org.

Mindworks

Mindworks is a program for persons living with early memory loss and is designed to engage and promote well-being through social interaction in classroom activities, community engagement, service projects, and physical activity. The program is an opportunity for those living with memory loss to participate in meaningful experiences as an individual, while offering respite for their loved ones who care for them.

Unleashed - A Homeschool Collaborative in Menasha, continues to work with Mindworks participants on a project to give back to the community. Together, students of both programs are creating dementia sensory mats to be given to individuals in the REACH Program through Mosaic Family Health. This wonderful partnership connects people of different ages throughout the community.

Call Brianna Jenkins, Program Coordinator, at 920 225-1711 with any questions about Mindworks or for enrollment information. Enrollment in this program is required.

Valley VNA Senior Care Offers Lyrics & Laughter™

Research shows that music, especially with active participation, demonstrates physiological, emotional and social benefits to those with memory loss. Active participation stimulates the brain and also has some physical benefits. Music is a road to memories and helps those with dementia to engage and socialize in ways they normally cannot do.

**Current session runs from September 26 thru October 24.
It is held on Thursdays from 1:00-2:00p at Valley VNA Senior Care
(1535 Lyon Drive, Neenah).**

Please call 920 727-5555 to make a reservation for this engaging program.

BrightStar Virtual Dementia Tours

BrightStar Care of Appleton/Fox Cities offers a unique and moving experience known as a Virtual Dementia Tour. Three one-hour sessions take place the 3rd Monday of each month at BrightStar Care located at 35 Park Place Ste 100, Appleton.

October Sessions:
Monday, October 21
3:00p, 4:00p, and/or 5:00p

**Pre-registration is required as space is limited.
To register, please contact BrightStar Care at 920 882-7277**

SPARK!

Bergstrom-Mahler Museum, Building for Kids, and Trout Museum

SPARK! is a program for caregivers and loved ones living with memory loss. The Bergstrom-Mahler Museum of Glass, the Building for Kids Children's Museum, and The Trout Museum of Art (with a second program at St Paul Elder Service) are pleased to be among the Wisconsin museums awarded funding by Bader Philanthropies and the Community Foundation to create programming where participants engage in lively discussions, art making, and multi-sensory activities.

Each one-hour program is led by a specially trained museum educator who will engage participants in interactive exhibit experiences. After each program, coffee and conversation is led by volunteers who give participants and caregivers the opportunity to support and socialize.

October 2019 Sessions

Bergstrom-Mahler Museum of Glass

Tuesday, October 8 from 10:30a-12:00p | Poetry, Crunching Leaves, Autumn Treats

[Click here for more about SPARK! at the Bergstrom-Mahler Museum](#)

Building for Kids:

Sunday, October 20 from 2:00-3:30p | And the Beat Goes On

[Click here for more about SPARK! at The Building for Kids](#)

Trout Museum:

Monday, October 14 from 1:00-2:30p | Artist Trading Cards

[Click here for more about SPARK! at The Trout Museum of Art or St. Paul Elder Services](#)

Registration: Contact the Bergstrom-Mahler at 920 751-4658, the Building for Kids at 920 734-3226, or The Trout Museum at 920 733-4089 to reserve your spot. Registration is required at least one week prior to your selected program(s) as space is limited.

Volunteer with The Project

Fox Valley Memory Project is always open to having new faces join in at various programs to volunteer. There are many Memory Cafes across the Fox Valley that can always use a smiling face and helping hand.

If you or someone you know is interested in being part of Fox Valley Memory Project as a volunteer, please call Brianna Jenkins, Program Coordinator, at 920 225-1711 or e-mail brianna@foxvalleymemoryproject.org. Thank you so much!

Memory Loss Resource Center

The Memory Loss Resource Center provides information to those experiencing a dementia, their care partners, family and friends. Call 920 225-1711 to ask questions or schedule an appointment to obtain information and community resources.

REACH In-Home Coaching Program

REACH (Resources for Enhancing Alzheimer's Caregiver Health) is a 6-month evidence-based in-home caregiver intervention program. REACH supports the caregiver by addressing issues such as emotional well-being, stress management, troubling behaviors, problem solving and self-care.

You may contact the Caregiver Coach, Heather Flick, directly at 920 997-8407 to find out more about this program. All calls are confidential. [Click here](#) to read more about the REACH Program.

Caregiver Support

Mosaic Family Health (229 S Morrison Street, Appleton) has a family caregiver support group. The group is offered the **3rd Wednesday of each month.**

Free parking is in the Mosaic clinic front parking lot.

Share your journey with others having similar experiences.

[Click here](#) for the flyer with meeting dates and contact information.

Memory Care Respite Partners

A monthly respite program is held on the **1st & 2nd Monday of each month** at St. Paul Lutheran Church in Neenah (200 N Commercial Street, Neenah).

This free program is staffed by professional caregivers and trained volunteers. Activities include music, organized arts, crafts and refreshments.

Registration is requested by email at
memorycarerespitepartners@gmail.com or by calling 920 383-1180.
[Click here](#) for more information.

Memory Assessment Center

Memory Assessments are provided at Mosaic Family Health (229 S Morrison Street, Appleton). Initial assessments screen for memory impairment and assess overall health. If necessary, a more comprehensive memory evaluation can be provided in order to further diagnose a dementia or memory loss disability.

Call Mosaic at 920 997-8436 to schedule an appointment.

Thank You to Our Generous Supporters

Fox Valley Memory Project is funded entirely by donations and grants. Thank you to all who generously contribute to the organization.

Collaborating to Improve Quality of Life

Fox Valley Memory Project collaborates with other organizations to offer programs and services that improve quality of life for persons with dementia, as well as their family care partners and friends. We encourage practices of hospitality and inclusion that make our community dementia-friendly.

[Join Our Mailing List](#)



[Forward To A Friend](#)

[Donate](#)

Fox Valley Memory Project | [Website](#) | [Email Address](#)

Copyright © 2015. All Rights Reserved.