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**November 1, 2019**

### *Memory Cafés: FVMP Welcomes New Cafe Site!*

November 14 is sure to be a unique and interactive Memory Cafe at Memorial Presbyterian Church! We'll welcome Zoozort - an educational and entertaining wildlife show. This is unlike any Cafe we've done so far, so don't miss it!

We request everyone attend with a partner if possible - the experience is that much better when it is shared with another. Call 920 225-1711 for more information.

[November Memory Cafes](#)

[December Memory Cafes](#)

\*Bonus Event Offered by the Little Chute Public Library!\*

November 25 @ Little Chute Public Library

(625 Grand Avenue, Little Chute)

10:00a - noon OR 5:30 - 7:30p

Design your own ugly sweater! Bring a sweater, shirt, or other piece of clothing to decorate.

The library will have all kinds of materials to make the ugliest sweaters around!

### *Advance Care and Funeral Planning event: Thursday, November 7*

#### **Preparing for End of Life: Advance Care and Funeral Planning**

**Thursday, November 7 | 11:30a - 1:00p**

Lunch will be provided.

Join the St. Paul Palliative and Hospice Services team, Ellen Koski with Let's Talk Fox Valley, and Derek Van Deurzen with Verkuilen-Van Deurzen Family Funeral Home to discuss the importance of advance care planning. We will discuss how to prepare, what to share, and how to start conversations regarding what is important to you.

Please RSVP to 920 766-6020 ext 102 or

e-mail [lauriel1@stpaulelders.org](mailto:lauriel1@stpaulelders.org)

Enter at the Hoffman Memory Care Resource Center at St. Paul's  
(221 E 13th Street, Kaukauna)

## Community Events: *Saturday, November 9*

### **8:30a - 12:30p | To Your Health & Safety Seminar**

Hosted at the Memory Care Resource Center at St. Paul Elder Services  
(221 E 13th Street, Kaukauna)

An event designed for individuals living with memory loss and their care partners.

[Find the full information and how to register here.](#)

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### **2:00p - 4:00p | Musical Exploration: Community Music Event!**

Hosted at Thompson Center on Lourdes  
(2331 E Lourdes Drive, Appleton)

Join Fox Valley Memory Project's On a Positive Note chorus, along with The Jukebox Quartet of the Fox Valleyaires, and care community residents singing along with John McFadden, in an afternoon of familiar tunes and toe-tapping! Artwork with a musical theme will be displayed, some created by Memory Cafe participants.

This event is FREE and everyone is invited to attend!  
Refreshments will be served following the show.

## Xavier Fine Arts Theatre: *Annie Get Your Gun*

**Thursday, November 14**

**Arrive by 6:40p**

**\*Show to begin at 7:00p, end at 9:00p with an intermission\***

**Xavier Fine Arts Theatre  
1600 W Prospect Avenue, Appleton**

Join Fox Valley Memory Project for the preview performance of Xavier's fall musical, *Annie Get Your Gun* - the fictionalized story of the life of Annie Oakley, a sharpshooter who starred in *Buffalo Bill's Wild West Show*, and her romance with sharpshooter Frank E. Butler.

The show is full of hit songs by Irving Berlin including: "There's No Business Like Show Business", "Doin' What Comes Natur'lly", "You Can't Get a Man with a Gun", and "Anything You Can Do".

**Please register by calling Brianna at 920 225-1711 or e-mailing to [brianna@foxvalleymemoryproject.org](mailto:brianna@foxvalleymemoryproject.org) by Monday, November 11.**  
Please indicate name, number of attendees, and if wheelchair seating is needed.

## Xavier Fine Arts Theatre Save-the-Date: *Christmas Stars*

**Wednesday, December 4**

**Arrive by 6:40p**

**\*Show to begin at 7:00p, end at 9:00p with an intermission\***

**Xavier Fine Arts Theatre**  
**1600 W Prospect Avenue, Appleton**

Join Fox Valley Memory Project for the preview performance of Xavier's annual Christmas Stars holiday show, which has been delighting audiences in Appleton and the surrounding area with an energetic mix of spiritual and secular music to welcome the Christmas season.

This is the 26th season of Christmas Stars - and it's sure to deliver with a cast of more than 200 performers of all ages. Music will feature favorite Christmas tunes, original numbers, traditional hymns, and carols sung by over 100 voices. There will also be a recreation of NYC's Christmas Parade and a "Living Nativity" finale to bring home the true "reason for the season".

**Please register by calling Brianna at 920 225-1711 or e-mailing to [brianna@foxvalleymemoryproject.org](mailto:brianna@foxvalleymemoryproject.org) by Wednesday, November 27.**  
Please indicate name, number of attendees, and if wheelchair seating is needed.

### Men's Caregiver Support Groups

For men who are care partners for a person living with dementia.

1st Tuesday of each month:

**10:00a** at Primrose Retirement Community (5715 N Meade St, Appleton)

**2:30p** at Touchmark on West Prospect (2601 Touchmark Dr, Appleton)

3rd Thursday of each month:

**10:00a** at Brookdale Senior Living (5800 Pennsylvania Ave, Appleton)

For more information regarding these support groups, please contact Brianna, Program Coordinator at Fox Valley Memory Project at 920 225-1711 or e-mail to [brianna@foxvalleymemoryproject.org](mailto:brianna@foxvalleymemoryproject.org).

### Purple Angel Dementia Awareness Training

Fox Valley Memory Project wants to make sure that persons living with dementia and their care partners and family members are able to participate in the community with as much independence as they are comfortable with. This is where Purple Angel Dementia Awareness training comes in! And we have a list of businesses and organizations who are taking steps to help build a dementia-friendly community.

In October, Purple Angel trainers facilitated sessions with the Neenah-Menasha YMCA, FoxWest YMCA, Senior Helpers, and Unison Credit Union locations in Kaukauna. It is so important for patrons to know they can still visit these places, even if they are facing difficulties with memory loss.

Looking into November, the Heart of the Valley YMCA, American National Bank, and 1000 Islands Environmental Center will all be Purple Angel trained and join in creating a dementia-friendly community.

THANK YOU to businesses and organizations that recognize the importance of being welcoming, aware, and inclusive!

If you would like more information, please reach out to Brianna Jenkins at 920 225-1711 or e-mail [brianna@foxvalleymemoryproject.org](mailto:brianna@foxvalleymemoryproject.org).

## Thank You to Stellar Blue Technologies

Fox Valley Memory Project would like to thank Stellar Blue Technologies for their continuing support and assistance, much of it in-kind, with the operation of the FVMP website. It is a beautiful representation of the organization and is navigable for visitors, not to mention their availability to answer questions and problem solve.

Thank you!

## Mindworks

Mindworks is a program for persons living with early memory loss and is designed to engage and promote well-being through social interaction in classroom activities, community engagement, service projects, and physical activity. The program is an opportunity for those living with memory loss to participate in meaningful experiences as an individual, while offering respite for their loved ones who care for them.

Unleashed - A Homeschool Collaborative in Menasha, continues to work with Mindworks participants on a project to give back to the community. Together, students of both programs are creating dementia sensory mats to be given to individuals in the REACH Program through Mosaic Family Health. This wonderful partnership connects people of different ages throughout the community.

Call Brianna Jenkins, Program Coordinator, at 920 225-1711 with any questions about Mindworks or for enrollment information. Enrollment in this program is required.

## Valley VNA Senior Care Offers Lyrics & Laughter™

Research shows that music, especially with active participation, demonstrates physiological, emotional and social benefits to those with memory loss. Active participation stimulates the brain and also has some physical benefits. Music is a road to memories and helps those with dementia to engage and socialize in ways they normally cannot do.

**The next session runs from November 9 thru December 12.  
It is held on Thursdays from 1:00-2:00p at Valley VNA Senior Care  
(1535 Lyon Drive, Neenah).**

**Please call 920 727-5555 to make a reservation for this engaging program.**

## SPARK!

*Bergstrom-Mahler Museum, Building for Kids, and Trout Museum*

SPARK! is a program for caregivers and loved ones living with memory loss. The Bergstrom-Mahler Museum of Glass, the Building for Kids Children's Museum, and The Trout Museum of Art (with a second program at St Paul Elder Service) are pleased to be among the Wisconsin museums awarded funding by Bader Philanthropies and the Community Foundation to create programming where participants engage in lively discussions, art making, and multi-sensory activities.

Each one-hour program is led by a specially trained museum educator who will engage participants in interactive exhibit experiences. After each program, coffee and conversation is led by volunteers who give participants and caregivers the opportunity to support and socialize.

### November 2019 Sessions

**Bergstrom-Mahler Museum of Glass:**

**Tuesday, November 12 from 10:30a-12:00p | Pinch-Pot Pottery**

[Click here for more about SPARK! at the Bergstrom-Mahler Museum](#)

**Building for Kids:**

**Sunday, November 17 from 2:00-3:30p | Take Me Out to the Ball Game**

[Click here for more about SPARK! at The Building for Kids](#)

**Trout Museum of Art:**

**Monday, November 11 from 1:00-2:30p | Art of the Blade Gallery Tour**

[Click here for more about SPARK! at The Trout Museum of Art or St. Paul Elder Services](#)

**Registration:** Contact the Bergstrom-Mahler at 920 751-4658, the Building for Kids at 920 734-3226, or The Trout Museum at 920 733-4089 to reserve your spot. Registration is required at least one week prior to your selected program(s) as space is limited.

## Volunteer with The Project

Fox Valley Memory Project is always open to having new faces join in at various programs to volunteer. There are many Memory Cafes across the Fox Valley that can always use a smiling face and helping hand.

If you or someone you know is interested in being part of Fox Valley Memory Project as a volunteer, please call Brianna Jenkins, Program Coordinator, at 920 225-1711 or e-mail [brianna@foxvalleymemoryproject.org](mailto:brianna@foxvalleymemoryproject.org). Thank you so much!

## Caregiver Support

Mosaic Family Health (229 S Morrison Street, Appleton) has a family caregiver support group. The group is offered the **3rd Wednesday of each month.**

Free parking is in the Mosaic clinic front parking lot.

Share your journey with others having similar experiences.

[Click here](#) for the flyer with meeting dates and contact information.

## REACH In-Home Coaching Program

REACH (Resources for Enhancing Alzheimer's Caregiver Health) is a 6-month evidence-based in-home caregiver intervention program. REACH supports the caregiver by addressing issues such as emotional well-being, stress management, troubling behaviors, problem solving and self-care.

You may contact the Caregiver Coach, Heather Flick, directly at 920 997-8407 to find out more about this program. All calls are confidential. [Click here](#) to read more about the REACH Program.

## Memory Assessment Center

Memory Assessments are provided at Mosaic Family Health (229 S Morrison Street, Appleton). Initial assessments screen for memory impairment and assess overall health. If necessary, a more comprehensive memory evaluation can be provided in order to further diagnose a dementia or

memory loss disability.

Call Mosaic at 920 997-8436 to schedule an appointment.

## Memory Loss Resource Center

The Memory Loss Resource Center provides information to those experiencing a dementia, their care partners, family and friends. Call 920 225-1711 to ask questions or schedule an appointment to obtain information and community resources.

## BrightStar Virtual Dementia Tours

BrightStar Care of Appleton/Fox Cities offers a unique and moving experience known as a Virtual Dementia Tour. Three one-hour sessions take place the 3rd Monday of each month at BrightStar Care located at 35 Park Place Ste 100, Appleton.

November Sessions:

**Monday, November 18**  
**3:00p, 4:00p, and/or 5:00p**

**Pre-registration is required as space is limited.**  
**To register, please contact BrightStar Care at 920 882-7277**

## Memory Care Respite Partners

A monthly respite program is held on the  
**1st & 2nd Monday of each month**  
at St. Paul Lutheran Church in Neenah  
(200 N Commercial Street, Neenah)

This free program is staffed by professional caregivers and trained volunteers.  
Activities include music, organized arts, crafts and refreshments.

Registration is requested by email at  
memorycarerespitepartners@gmail.com or by calling 920 383-1180.  
[Click here](#) for more information.

## Thank You to Our Generous Supporters

Fox Valley Memory Project is funded entirely by donations and grants.  
Thank you to all who generously contribute to the organization.

## Collaborating to Improve Quality of Life

Fox Valley Memory Project collaborates with other organizations to offer programs and services that improve quality of life for persons with dementia, as well as their family care partners and friends. We encourage practices of hospitality and inclusion that make our community dementia-friendly.

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Forward To A Friend

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