



# FOX VALLEY MEMORY PROJECT

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**December 1, 2019**

## Memory Cafes: Happy Holidays!

Can you believe it's December?! Fox Valley Memory Project wants to help you welcome the holidays and the New Year with our **annual Holiday Party!** This year, **St John United Church of Christ (1130 W Marquette Street, Appleton)** will be hosting! Join us **Thursday, December 12** from **2:00-4:00p** for carols and cookies!



### [December Memory Cafes](#)

### [January Memory Cafes](#)

We request everyone attend with a partner if possible - the experience is that much better when it is shared with another. Call 920 225-1711 for more information.

## *Save - the - Date!*

### Social Meet-Up at the Bergstrom-Mahler Museum

Have you attended a SPARK! program before?

Meet us at the Bergstrom-Mahler Museum of Glass in Neenah on

**Tuesday, January 14 from 10:30a-12:00p**

where it's all about the Fox Valley's #1 industry - PAPER! And paperweights too!

Learn how to make a paperweight and marble your own paper!

Please contact Brianna, Program Coordinator at Fox Valley Memory Project at 920 225-1711 or e-mail to [brianna@foxvalleymemoryproject.org](mailto:brianna@foxvalleymemoryproject.org) if you would like to register.

We hope you'll give it a try!

  
You shop. Amazon gives.

### Donate with AmazonSmile

If you'll be using Amazon for your holiday shopping this season (I know I will!), consider making a quick change in your Settings.

Choose "Your AmazonSmile" under the Account Settings. Search for and add Fox Valley Memory Project as your AmazonSmile charity and Amazon will donate 0.5% of qualifying purchases to your designated charity - in this case, Fox Valley Memory Project!

If you have questions about how to make this Setting change, please reach out to Brianna Jenkins, Program Coordinator with Fox Valley Memory Project. Call 920 225-1711 or e-mail [brianna@foxvalleymemoryproject.org](mailto:brianna@foxvalleymemoryproject.org).

## Men's Caregiver Support Groups

For men who are care partners for a person living with dementia.

1st Tuesday of each month:

**10:00a** at Primrose Retirement Community (5715 N Meade St, Appleton)

**2:30p** at Touchmark on West Prospect (2601 Touchmark Dr, Appleton)

2nd Wednesday of each month:

**10:00a**

at Valley VNA Senior Care (1535 Lyon Dr, Neenah)

Contact Tom Lyons, group facilitator, at 920 637-1271 or [thomaslyons48@gmail.com](mailto:thomaslyons48@gmail.com)

3rd Thursday of each month:

**10:00a** at Brookdale Senior Living (5800 Pennsylvania Ave, Appleton)

For more information regarding these support groups, please contact Brianna, Program Coordinator at Fox Valley Memory Project at 920 225-1711 or e-mail to [brianna@foxvalleymemoryproject.org](mailto:brianna@foxvalleymemoryproject.org).



### Purple Angel Dementia Awareness Training

Training aims to create a more understanding and dementia-friendly community for citizens living with memory loss and also for care partners and family members. Fox Valley Memory Project encourages people living with memory loss to be part of their community with as much independence as they are comfortable with, and for as long as they are able.

#### Trainings in November:

Winch Financial (Appleton)

American National Bank (Appleton)

First Presbyterian Church (Neenah)

1000 Island Environmental Center (Kaukauna)

#### Looking into December:

Heart of the Valley YMCA (Kimberly)

Fox Cities Performing Arts Center (Downtown Appleton)

Thank you for joining in to create a more inclusive and dementia-friendly community.

If you would like more information about Purple Angel Training, please reach out to Brianna Jenkins at 920 225-1711 or e-mail [brianna@foxvalleymemoryproject.org](mailto:brianna@foxvalleymemoryproject.org).

## Mindworks: Building Community and Providing Respite

Mindworks is a program for persons living with early memory loss and is designed to engage and promote well-being through social interaction in classroom activities, community

engagement, service projects, and physical activity. The program is an opportunity for those living with memory loss to participate in meaningful experiences as an individual, while offering respite for their loved ones who care for them.

Unleashed - A Homeschool Collaborative in Menasha, continues to work with Mindworks participants on a project to give back to the community. Together, students of both programs are creating dementia sensory mats to be given to individuals in the REACH Program through Mosaic Family Health. This wonderful partnership connects people of different ages throughout the community.

Call Brianna Jenkins, Program Coordinator, at 920 225-1711 with any questions about Mindworks or for enrollment information. Enrollment in this program is required.

**Join the On a Positive Note Chorus at the Building for Kids on Friday, December 20!**

**Enjoy singing along to your favorite holiday carols and get into the Christmas spirit!**



**December 2019 Sessions**

**Bergstrom-Mahler Museum of Glass**

**Tuesday, December 10 from 10:30a-12:00p | Holiday Bead Ornament + Snacks!**

[Click here for more about SPARK! at the Bergstrom-Mahler Museum](#)

**Building for Kids**

**Friday, December 20 from 2:00-3:30p | Joy to the World: On a Positive Note Carols**

[Click here for more about SPARK! at The Building for Kids](#)

**Trout Museum of Art**

**Monday, December 9 from 1:00-2:30p | How the Grinch Stole Christmas + Cookies!**

[Click here for more about SPARK! at The Trout Museum of Art or St. Paul Elder Services](#)

**Registration:** Contact the Bergstrom-Mahler at 920 751-4658, the Building for Kids at 920 734-3226, or The Trout Museum at 920 733-4089 to reserve your spot. Registration is required at least one week prior to your selected program(s) as space is limited.

Each one-hour program is led by a specially trained museum educator who will engage participants in interactive exhibit experiences.

After each program, coffee and conversation is led by volunteers who give participants and caregivers the opportunity to support and socialize.

**Volunteer with The Project**

Fox Valley Memory Project is always open to having new faces join in at various programs to volunteer. There are many Memory Cafes across the Fox Valley that can always use a smiling face and helping hand with welcoming participants, assistance with snacks and beverages, and set-up/clean-up.

If you or someone you know is interested in being part of Fox Valley Memory Project as a volunteer, please call Brianna Jenkins, Program Coordinator, at 920 225-1711 or e-mail [brianna@foxvalleymemoryproject.org](mailto:brianna@foxvalleymemoryproject.org). Thank you so much!

## Memory Care Respite Partners

A monthly respite program is held on the  
**1st & 2nd Monday of each month**  
at St. Paul Lutheran Church in Neenah  
(200 N Commercial Street, Neenah)

This free program is staffed by professional caregivers and trained volunteers.  
Activities include music, organized arts, crafts and refreshments.

Registration is requested by email at  
[memorycarerespitepartners@gmail.com](mailto:memorycarerespitepartners@gmail.com) or by calling 920 383-1180.  
[Click here](#) for more information.

## Thank You to Our Generous Supporters

Fox Valley Memory Project is funded entirely by donations and grants.  
Thank you to all who generously contribute to the organization.

## Collaborating to Improve Quality of Life

Fox Valley Memory Project collaborates with other organizations to offer programs and services that improve quality of life for persons with dementia, as well as their family care partners and friends. We encourage practices of hospitality and inclusion that make our community dementia-friendly.

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