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February 1, 2020

Are you a caregiver looking for a respite care opportunity for a loved one?

Mindworks may be the answer.

National Caregiver's Day is Friday, February 21, 2020





Join Fox Valley Memory Project and Wisconsin Family and the Caregiver Support Alliance for a FREE Mindworks Open House to learn more about a unique opportunity for local caregivers.

Mindworks is a facilitated, classroom-style program for individuals experiencing cognitive decline, early stages of dementia, or other memory loss disorders. The program focuses on overall health, well-being, and relationship building, and provides much needed respite time for caregivers and family members. Staff and participants will be there to answer questions.

Who? Caregivers, as well as people living with dementia or memory loss

When? Friday, February 21 from 11:00a—12:30p

Light lunch will be available.

Where? Goodwill Community Campus

1800 Appleton Road, Menasha | Enter the building through Door #2 off Valley Road

Questions? Contact Brianna Jenkins at 920 225-1711 or e-mail brianna@foxvalleymemoryproject.org

Have a look at this video that gives a glimpse into a day with Mindworks!



Thursday, March 12, 2020

Have you ever tapped trees for sap to make maple syrup? Are you curious about how it's done? Or are you already an expert, but haven't been out to do it lately?

Join Fox Valley Memory Project and Mindworks at **Bubolz Nature Preserve** (4815 N Lynndale Ave, Appleton) for a FREE maple syrup presentation!

The program will run from 12:00 - 1:30p.

Please RSVP to Brianna at brianna



Northeast Wisconsin Passion Play

at Xavier Fine Arts Theater

Tuesday, March 31, 2020 @ 7:00p

The NEW Passion Play is a powerful musical drama retelling the timeless story of the New Testament in a new, exciting stage production appropriate for all ages.

Memory Camp 2020!

Beautiful Moon Beach Camp in St. Germain, WI, will host Memory Camp once again - welcoming families from August 17 - 20. <u>Click here to be routed to the registration page</u>.

If you have questions or concerns about Memory Camp activities, experiences, or costs, please feel free to call Susan McFadden at 920 739-8695.



Memory Cafes

February Memory Cafe Schedule

March Memory Cafe Schedule

We request everyone attend with a partner if possible - the experience is that much better when it is shared with another. Call 920 225-1711 for more information.

Purple Angel Dementia Awareness Training

Training aims to create a more understanding and dementiafriendly community for citizens living with memory loss and also for care partners and family members. Fox Valley Memory Project encourages people living with memory loss to be part of their community with as much independence as they are comfortable with, and for as long as they are able.



Businesses Trained in January:

UW Madison Extension - Outagamie County office RBC Wealth Management Appleton International Airport St. Joseph's Food Program Hoffman Planning, Design, and Construction

Looking into February:

The Chiropractic Advantage Hooper Law Office

Thank you for joining in to create a more inclusive and dementia-friendly community.

If you would like more information about Purple Angel Training, please reach out to Brianna Jenkins, Program Coordinator, at 920 225-1711 or e-mail brianna@foxvalleymemoryproject.org.

TLC Caregiver Support Group

Fox Valley Memory Project currently facilitates a caregiver support group, specific to caregivers of people living with dementia or memory loss, at the Goodwill Community Campus in Menasha.

Sessions begin on **Tuesday**, **February 11 at 1:00p**.

TLC Caregiver Support meets during the last hour and fifteen minutes of our Mindworks program in order to relieve the need to find additional respite. For more information regarding the Mindworks program, see contact information below.



Registration is required.

For more information or to register, please contact Brianna, Program Coordinator at Fox Valley Memory Project at 920 225-1711 or e-mail to brianna@foxvalleymemoryproject.org.

Men's Caregiver Support Groups

For men who are care partners for a person living with dementia.

1st Tuesday of each month:

10:00a at Primrose Retirement Community (5715 N Meade St, Appleton)
2:30p at Touchmark on West Prospect (2601 Touchmark Dr, Appleton)
Contact Walt Zerrenner, group facilitator, at 920 277-8965 or wzerrenner@gmail.com

<u>2nd Wednesday of each month:</u>

10:00a at Valley VNA Senior Care (1535 Lyon Dr, Neenah)
Contact Tom Lyons, group facilitator, at 920 637-1271 or thomaslyons48@gmail.com

3rd Thursday of each month:

10:00a at Brookdale Senior Living (5800 Pennsylvania Ave, Appleton)
Contact Walt Zerrenner, group facilitator, at 920 277-8965 or wzerrenner@gmail.com

For more information regarding support groups outside of the above offerings, please contact Brianna, Program Coordinator at Fox Valley Memory Project at 920 225-1711 or e-mail to brianna@foxvalleymemoryproject.org.

Volunteer with The Project

You can find a list of volunteer opportunities on the Volunteer Fox Cities <u>Get Connected</u> website!

The work Fox Valley Memory Project does could not be done without our team of incredible volunteers and YOU can be part of that! In addition to postings on Get Connected, we are also seeking assistance with **Salesforce** CRM Troubleshooting and Support.

If you or someone you know is interested in being part of Fox Valley Memory Project as a volunteer, please call Brianna Jenkins, Program Coordinator, at 920 225-1711 or e-mail brianna@foxvalleymemoryproject.org.



February 2020 Sessions

Bergstom-Mahler Museum of Glass

Tuesday, February 11 from 10:30a-12:00p | Sweet Smoothing and Kiss Cookies!

Click here for more about SPARK! at the Bergstrom-Mahler Museum

Building for Kids

Sunday, February 16 from 2:00-3:30p

Click here for more about SPARK! at The Building for Kids

Trout Museum of Art

Monday, February 10 from 1:00-2:30p | Jim Dine-inspired Community Heart Project

Click here for more about SPARK! at The Trout Museum of Art or St. Paul Elder Services

Registration required at least one week prior as space is limited.

To reserve your spot, call:

Bergstrom-Mahler Museum of Glass at 920 751-4658 The Building for Kids at 920 734-3226 The Trout Museum of Art at 920 733-4089

Each one-hour program is led by a specially trained museum educator who will engage participants in interactive exhibit experiences.

After each program, coffee and conversation is led by volunteers who give participants and caregivers the opportunity to support and socialize.

Memory Care Respite Partners

A monthly respite program is held on the 1st & 2nd Monday of each month at St. Paul Lutheran Church in Neenah (200 N Commercial Street, Neenah) This free program is staffed by professional caregivers and trained volunteers.

Activities include music, organized arts, crafts and refreshments.

Registration is requested by email at memorycarerespitepartners@gmail.com or by calling 920 383-1180.

<u>Click here</u> for more information.

Thank You to Our Generous Supporters

Fox Valley Memory Project is funded entirely by donations and grants. Thank you to all who generously contribute to the organization.

Collaborating to Improve Quality of Life

Fox Valley Memory Project collaborates with other organizations to offer programs and services that improve quality of life for persons with dementia, as well as their family care partners and friends. We encourage practices of hospitality and inclusion that make our community dementia-friendly.



Fox Valley Memory Project | Website | Email Address

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