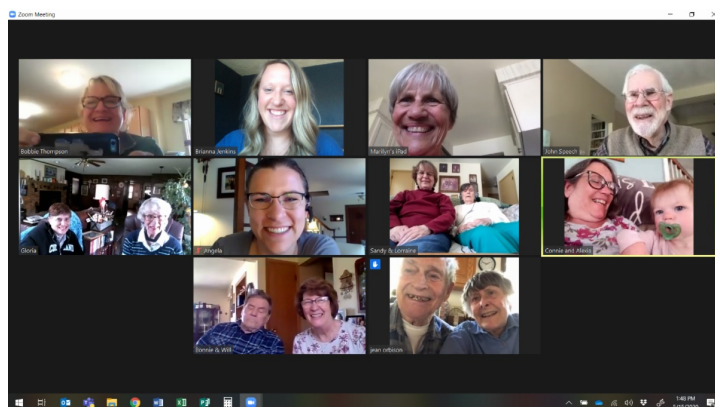


FOX VALLEY MEMORY PROJECT

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June 1, 2020



Memory Cafes: Join us on Zoom!

Until we can gather together again, staff and volunteers have been meeting on Zoom!
More folks are getting involved and we'd love to see your smiling face next time.

FVMP hosts virtual Memory Cafes twice per week:
(more dates/times may be available - watch our [Facebook page!](#))

Tuesdays at 11:00a
Fridays at 1:30p

+ Wednesday, June 10 at 1:00p
+ Thursday, June 11 at 2:30p

If you'd like to join us, or have questions about Zoom,
please contact Brianna by emailing brianna@foxvalleymemoryproject.org.

The link for each cafe is emailed the day prior and you have to simply click the link!

AARP Article: Changing the Conversation Around Women and Dementia



This article was contributed by JoAnn Jenkins, CEO of AARP and highlights the toll dementia takes on women - who are affected in dual roles, as both caregivers and as people living with a diagnosis.

Also mentioned in the article is a campaign meant to engage women directly! It's the Be Brain Powerful 30-Day Challenge. Check it out and join the challenge.

[Click here to read through the article](#) and visit the Challenge website.



Follow Fox Valley Memory Project on Facebook!

There is so much content to see and share.
It's a great way to stay engaged while we're apart.

[Click here to go to the Facebook page!](#)



Join Winnebago County Dementia Care Specialist and FVMP Memory Cafe volunteer
Rebecca Groleau for virtual BINGO!

Tuesday, June 2 at 1:30p

[Here's the link to get your BINGO card](#) - you can either copy it onto paper or print it (and be sure to click 'New Card' a few times at the top right before you copy or print)!

And [here is the link to join the Zoom BINGO game!](#) ENJOY!

If you're asked to enter a password: 842356

Meeting ID: 842 2917 2741

Additional Dates:

Tuesday, June 16 at 1:30p

Tuesday, June 30 at 1:30p

Mindworks: What's Happening Now?

While Mindworks isn't meeting in person on Tuesdays and Thursdays at the Goodwill Community Campus, Mindy (our wonderful instructor) is putting together activity packets much like she'd have available for class!

Also, the group meets via Zoom each week! Participants seem so happy to see each other and welcome the chance to say hello!

What is Mindworks? Mindworks is a facilitated, classroom-style program aimed at creating a close knit community of people living with memory loss. The focus is cognitive engagement, conversation, relationship building, overall wellbeing, and creating an inclusive community.

If you're interested in knowing more about Mindworks, please send an email to Brianna at brianna@foxvalleymemoryproject.org.

Give Help, Get Help Hub

In it together. Stronger than ever.

The United Way has collaborated with helping agencies from across the Fox Valley to compile a 'one stop shop' for both opportunities to help and assistance you or someone you know may be looking for.



United Way Fox Cities

Whether you want to lend a helping hand or you need a helping hand during the COVID-19 pandemic, the new Give Help * Get Help Hub is where needs and help connect in the Fox Cities.

<https://givehelpgethelpfoxcities.org/>

Purple Angel Dementia Awareness Training

Staff at Fox Valley Memory Project are willing to work with local organizations and businesses to offer options for training and information sharing. As many organizations have, FVMP has moved meetings to the Zoom platform and will continue to meet that way through May.



Training aims to create a more understanding and dementia-friendly community for citizens living with memory loss and also for care partners and family members. Fox Valley Memory Project encourages people living with memory loss to be part of their community with as much independence as they are comfortable with, and for as long as they are able.

If you would like more information about Purple Angel Training, please reach out to Brianna Jenkins, Program Coordinator, at brianna@foxvalleymemoryproject.org.

Thank You to Our Generous Supporters

Fox Valley Memory Project is funded entirely by donations and grants. Thank you to all who generously contribute to the organization.

Collaborating to Improve Quality of Life

Fox Valley Memory Project collaborates with other organizations to offer programs

and services that improve quality of life for persons with dementia, as well as their family care partners and friends. We encourage practices of hospitality and inclusion that make our community dementia-friendly.

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