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June 15, 2020

# Follow Fox Valley Memory Project on Facebook!

There is so much content shared and available. It's a great way to stay engaged and updated.



Click here to go to the Facebook page!

## **MEMORY CAFES!**

If you do not already receive links via email to join Virtual Memory Cafes, but would like to join us, please email <a href="mailto:brianna@foxvalleymemoryproject.org">brianna@foxvalleymemoryproject.org</a>.

#### Tuesday, June 16 @ 11:00a

What is your family legacy? What are some family traditions? Join Tara to share about your family and what your kids or grandkids might think of as traditions your family has.



## Friday, June 19 @ 1:30p

Carrie is taking us to Sabamba Alpaca Farm in DePere! You won't want to miss these cute faces!



Keep this card if you had a claw foot bathtub.

Remember how comfortable it was?

Keep this card if you have moved to a new home.

Remember packing?

#### Tuesday, June 23 @ 11:00a

Dana & Emily want you to join in and play "Shake Loose a Memory".

There are no wrong answers in this game!

Keep this card if you were ever late for work.

Remember your excuse?

## Friday, June 26 @ 1:30p

### Facebook Live featuring Elvis John!

Head to the Fox Valley Memory Project Facebook page for a longawaited Elvis John performance!

#### Tuesday, June 30 @ 11:00a

Summertime should be in full swing with the biggest summer holiday just around the corner!

Share your adventures in fishing, hiking, biking, swimming, and outdoorsy fun with Bobbie and the gang! What will your summer look like? Or what have they looked like in the past?

#### OTHER OPPORTUNITIES TO ENGAGE AND CONNECT!

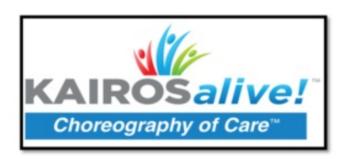


# Tuesday, June 16 & Tuesday, June 30

1:30p

BINGO! with Rebecca (Winnebago County Dementia Care Specialist and Menasha Memory Café facilitator).

BINGO on Zoom. We'll share the link to join and the link to get your BINGO cards!



## Thursday, June 18 & Thursday, June 25

1:30 - 2:15p

"Dancing Heart Live"

Join Kairos Alive via Zoom for interactive movement, dance, and connection!

If you want to check it out, we'll share the link and password to join!

Would like more information about joining either of these programs?

Email <u>brianna@foxvalleymemoryproject.org</u>!

### Donate with AmazonSmile

amazonsmile

How can you support Fox Valley Memory Project in You shop. Amazon gives. your everyday life? Of course sharing stories and experiences about FVMP will always be a wonderful way to spread the word and help to build participation - which is incredibly important!

But there is another way ... AmazonSmile. If you use Amazon for online purchases, you can make a simple change in your 'Settings'. Choose 'Your AmazonSmile' under 'Account

Settings' and add Fox Valley Memory Project as your chosen charity.

By making this simple change, Amazon will donate .05% of qualifying purchases directly to Fox Valley Memory Project! It's that easy.

To get started, click here to get to AmazonSmile and connect to your account!



# Goodie Bags!

The United Way and Morton LTC started it, but now Fox Valley Memory Project has continued putting together bags full of fun things for both care partners and their loved ones!

So what's in these Goodie Bags? Words games, puzzles, adult coloring books and colored pencils, treats, a drink tumbler, and some self care items you might not currently have on hand.

Think you might want one? Or know someone who might enjoy one? We want folks to have these!

Send an e-mail to Brianna, Program Coordinator with FVMP, at <a href="mailto:brianna@foxvalleymemoryproject.org">brianna@foxvalleymemoryproject.org</a> so that a delivery can be coordinated!

# **Cloth Face Masks**

Could you use a face mask? Or could someone you know use one?

Fox Valley Memory Project does have a number of masks available and we'd be happy to coordinate a drop off date, place, and time.

If you, or someone you know could use one, please let us know!

Send an e-mail to Brianna at <a href="mailto:brianna@foxvalleymemoryproject.org">brianna@foxvalleymemoryproject.org</a>.





United Way Fox Cities launched the <u>Give Help \* Get Help Hub</u>

A convenient, easy-to-use, "one-stop shop" for those who need help and those who want

to give help in the Fox Cities during the COVID19 pandemic.

The <u>Give Help \* Get Help Hub</u> complements United Way's 2-1-1 service.

If you do not find help you are looking for, or are unable to access the website, call 2-1-1 to connect to health and human services.

Click the Give Help \* Get Help Hub link above (in blue) to check it out.

# Thank You to Our Generous Supporters

Fox Valley Memory Project is funded entirely by donations and grants. Thank you to all who generously contribute to the organization.

# Collaborating to Improve Quality of Life

Fox Valley Memory Project collaborates with other organizations to offer programs and services that improve quality of life for persons with dementia, as well as their family care partners and friends. We encourage practices of hospitality and inclusion that make our community dementia-friendly.



Fox Valley Memory Project | Website | Email Address

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