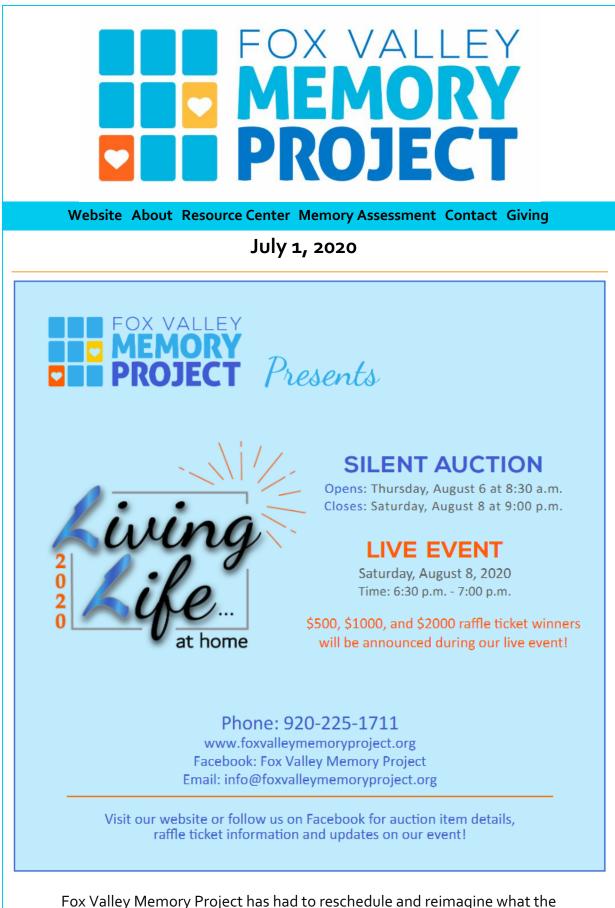
United Way Fox Cities





Living Life 2020 Fundraiser looks like. While we cannot meet in person to share the FVMP story, there is still plenty to share. Join us for the Online Event & Silent Auction from August 6 - 8.

Watch upcoming newsletters and the Facebook page for more information and event updates and details!

— Thank you to our sponsors to date! —

Gold Level Sponsors

J.J. Keller Foundation

Silver Level Sponsors

CarePatrol of the Fox Cities Industrial Ventilation Inc. Legacy Private Trust Company Neuroscience Group

Bronze Level Sponsors

Faith Technologies Gries Architectural Home Instead Senior Care Morton LTC Nicolet National Bank St. Paul Elder Services Valley VNA Senior Care

Additional Supporters

Great Northern Corporation Bergstrom Automotive

Memory Cafes: Join us on Zoom!

Until we can gather together again, staff and volunteers meet on Zoom! More folks are getting involved and we'd love to see your smiling face next time.



FVMP hosts virtual Memory Cafes twice per week: (Want to know the theme? Watch our <u>Facebook page</u>!)

Tuesdays at 11:00a Fridays at 1:30p

+ Thursday, July 7 at 2:30p

If you'd like to join us, or have questions about Zoom, please contact Brianna by emailing brianna@foxvalleymemoryproject.org.

The link for each cafe is emailed the day prior and you have to simply click the link!

Free Course for Caregivers

Rebecca Groleau, Winnebago County Dementia Care Specialist and FVMP volunteer, is offering the 6-week course via Zoom.



Session content will give you tools to:

- Reduce stress, guilt, anger, and depression
- Manage your time, set goals, and solve problems
- Master caregiving transitions
- Make difficult decisions
- Communicate effectively with the person who needs care, as well as family members, doctors, and paid helpers

Short Introductory Meeting / Zoom How-To: Thursday, July 9 at 3:00p

First Session: Thursday, July 16 at 3:00p Last Session : Thursday, August 20 at 3:00p

For questions, more information, or to register, please contact Rebecca by emailing to <u>RGroleau@co.winnebago.wi.us</u>.

Men's Caregiver Support Group

For men who are caring for a loved one living with memory loss.

Walt Zerrenner, support group facilitator, will host the group meeting at: **10:00a on the 3rd Thursday of the month** at **Ridgeway Country Club** (2913 County Road II, Neenah)

Coffee and pastries will be provided.

Support meetings previously held at Touchmark and Primrose are currently on hold.

If you are interested in more information or being part of this men's group, contact Walt via email at <u>wzerrenner@gmail.com</u>.

You won't want to miss the opportunity to see Steering Into the Skid, a one-act play depicting the early progression of dementia.



Steering Into the Skid

A One-Act Dementia Play

In 12 short scenes, all taking place in Tim and Amanda's SUV, the audience comes to know this loving couple as they navigate the early progression of dementia. As months pass, the audience sees the subtle changes and adjustments the couple is forced to make on this journey together. Monday, July 13th, 2020

10:30am- 12:30pm

Join us virtually!

Call the alzheimer's QS association¹





Jim Sweeney as "Tim"

This event is made

possible by partnerships with:

Chanda Foley as "Amanda"

FORGET

at 800.272.3900

www.bit.ly/steering713 OR

To register:

To register, <u>click this link</u> or call 800 272-3900

Follow Fox Valley Memory Project on Facebook!



There is so much content to see and share. It's a great way to stay engaged while we're apart.

Click here to go to the Facebook page!



Join Winnebago County Dementia Care Specialist and FVMP Memory Cafe volunteer Rebecca Groleau for virtual BINGO! Two dates in July to play!

Tuesday, July 14 @ 1:30p Tuesday, July 28 @ 1:30p

If you'd like to join in any BINGO game or if you have questions, please email Rebecca at <u>RGroleau@co.winnebago.wi.us</u>.

Purple Angel Dementia Awareness Training

Staff at Fox Valley Memory Project are willing to work with local organizations and businesses to offer options for training and information sharing. As many organizations have, FVMP has moved many meetings to the Zoom platform and will continue to meet that way until further notice.

Training aims to create a more understanding and dementia-friendly community for citizens living with memory loss and also for care partners and family members. Fox Valley Memory Project encourages people living with memory loss to be part of their community with as much independence as they are comfortable with, and for as long as they are able.

If you would like more information about Purple Angel Training, please contact Brianna Jenkins, Program Coordinator, at <u>brianna@foxvalleymemoryproject.org</u>.

Give Help, Get Help Hub

In it together. Stronger than ever.

The United Way has collaborated with helping agencies from across the Fox Valley to compile a 'one stop shop' for both opportunities to help and assistance you or someone you know may be looking for.



United Way Fox Cities

Whether you want to lend a helping hand or you need one during this time, the newGive Help * Get Help Hub is where needs and help connect in the Fox Cities.

https://givehelpgethelpfoxcities.org/_____

Thank You to Our Generous Supporters

Fox Valley Memory Project is funded entirely by donations and grants. Thank you to all who generously contribute to the organization.

Collaborating to Improve Quality of Life

Fox Valley Memory Project collaborates with other organizations to offer programs and services that improve quality of life for persons with dementia, as well as their family care partners and friends. We encourage practices of hospitality and inclusion that make our community dementia-friendly.



Join Our Mailing List Forward To A Friend Donate
Fox Valley Memory Project <u>Website Email Address</u>

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