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August 16, 2020

TO OUR GENEROUS SPONSORS, DONORS, AND BIDDERS

# THANK YOU!

The Living Life 2020 Online Fundraiser was a success and your unwavering support during this time is incredibly thoughtful. We are so grateful.

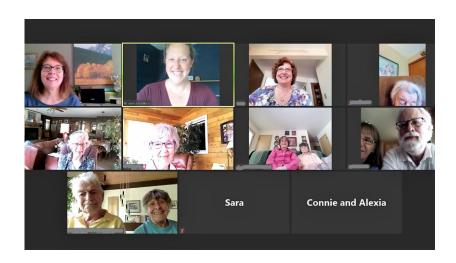




### Like and Follow Fox Valley Memory Project on Facebook!

If you use social media, the Fox Valley Memory Project Facebook page is the best way to get day-to-day updates on programs and events, as well as shared information and resources for caregivers.

#### Find us on Facebook here!



#### MEMORY CAFES: August 18 - 28, 2020

#### Tuesday, August 18 @ 11:00a -

Kairos Alive! will be hosting our cafe!

Polka and cowboys. What could be better? Moving is good medicine - like chocolate for your brain. Sing-a-long. Dance-a-long. Or just tap a toe!

#### Friday, August 21 @ 1:30p -

John and Susan McFadden are back again!

Wisconsin County Fairs - nothing says summer like the smell of fair food and the sounds of carnival rides! Share stories of the tastes, smells, sounds, sights, and feelings you've experienced at a county fair. Sing some songs too!

#### Tuesday, August 25 @ 11:00a -

Denise Barnaal joins us with her laughter and love of music! She's got an ear for the kazoo and ukulele, so be ready for some of your favorite classic songs:)

#### Friday, August 28 @ 1:30p -

Staff from the Kimberly-Little Chute Library are back and so excited to see you!

Join them for what is sure to be a fun time, full of laughing and smiles

- what more could you ask for really?!

If you do not already receive links via email to join Virtual Memory Cafes, but would like to join us, please email <a href="mailto:brianna@foxvalleymemoryproject.org">brianna@foxvalleymemoryproject.org</a>.

#### **Activity Bags!**

Fox Valley Memory Project has continued putting together bags full of fun things for both care partners and their loved ones!

So what's in these bags? Words games, puzzles, adult coloring books and colored pencils, treats, a drink tumbler, and some self care items you might not currently have on hand.

Think you might want one? Or know someone who might enjoy one? We want folks to have these!



Send an e-mail to Brianna, Program Coordinator with FVMP, at brianna@foxvalleymemoryproject.org so that a delivery can be coordinated!

#### **UPDATED LOCATION for APPLETON EVENT! See below!**



### Join 45! Memory Project on the Move!

Register for a timeslot to take a ride on a rickshaw through the park and neighborhood!

Wednesday, August 19 | 9:30 - 11:30a Riverside Park, Neenah

Wednesday, August 26 | 5:30 - 7:30p Thompson Center on Lourdes, Appleton

Head to the FVMP Facebook page EVENT and respond!

Call 920 225-1711 or email brianna@foxvalleymemoryproject.org

### Find the Facebook events here. Respond 'Going' or 'Interested' to receive updates.



Meet us at Riverside Park!

Bring your chair, a snack/lunch, something to drink and enjoy tunes by Murphy's Law!

Chalk circles will be drawn in the grass so you know you're responsibly distanced, or you can listen from your car in the parking lot. Either way, it's a chance to get out into the fresh air and see some friendly faces!

Click here to respond to the FVMP Facebook event.

Click here for MORE INFORMATION from Future Neenah.

\*Photo from the Future Neenah Facebook event posting\*

How can you support Fox Valley Memory Project in your everyday life?

Of course sharing stories and experiences about FVMP will always be a wonderful way to spread the word and help to build participation - which is incredibly important!



#### But there is another way ... with AmazonSmile.

If you use Amazon for online purchases, you can make a simple change in your 'Settings'. Choose 'Your AmazonSmile' under 'Account Settings' and add Fox Valley Memory Project as your chosen charity.

By making this simple change, Amazon will donate .05% of qualifying purchases directly to Fox Valley Memory Project! It's that easy.

To get started, click here to get to AmazonSmile and connect to your account!



## Men's Caregiver Support Group For men who are caring for a loved one

living with memory loss.

Walt Zerrenner, support group facilitator, will host the group meeting at:

10:00a on the 3rd Thursday of the month at Ridgeway Country Club (2913 County Road II, Neenah)

Coffee and pastries will be provided.

Support meetings previously held at Touchmark and Primrose are currently on hold.

If you are interested in more information or being part of this men's group, contact Walt via email at <u>wzerrenner@gmail.com</u>.



#### United Way Fox Cities launched the Give Help \* Get Help Hub

A convenient, easy-to-use, "one-stop shop" for those who need help and those who want to give help in the Fox Cities during the COVID19 pandemic.

The <u>Give Help \* Get Help Hub</u> complements United Way's 2-1-1 service. If you do not find help you are looking for, or are unable to access the website, call 2-1-1 to connect to health and human services.

Click the Give Help \* Get Help Hub link above (in blue) to check it out.

#### Thank You to Our Generous Supporters

Fox Valley Memory Project is funded entirely by donations and grants. Thank you to all who generously contribute to the organization.

### Collaborating to Improve Quality of Life

Fox Valley Memory Project collaborates with other organizations to offer programs and services that improve quality of life for persons with dementia, as well as their family care partners and friends. We encourage practices of hospitality and inclusion that make our community dementia-friendly.





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