September 1, 2020

Follow Fox Valley Memory Project on Facebook!

There is so much content to see and share. It's a great way to stay engaged while we're apart.

[Click here to go to the Facebook page]

Family caregivers, share your journey

Because of a generous donation from the Aline Zerrenner Dementia Friendly Fund, Family Caregivers Rock will compile a second collection of stories into a book from Wisconsin family caregivers entitled *A Not So Lonely Journey*.

Do you want to be part of it? Simply start composing as if you were talking to a friend. This is YOUR journey, so there is no right or wrong - only you know your thoughts, feelings, and experiences.

If you would like to make a submission for *A Not So Lonely Journey*, see below:

- Submission deadline is midnight on Sunday, November 15, 2020 - no exceptions.
- Anticipated publication is March 2021 and limited to 240 pages.
- Submissions may be from past or present Wisconsin family caregiver who cared for a loved one of any age with a memory-related diagnosis.
- Submissions are limited to:
  - Maximum of 7 single-spaced, typed pages
  - Minimum of 2 single-spaced, typed pages
- Not all submissions are guaranteed to be published.

Any questions and all submissions should be emailed to [FamilyCaregiversRock@outlook.com](mailto:FamilyCaregiversRock@outlook.com). Email submissions as a Word document to allow for copy/paste into publishing software.
to each and every person who helped to make our recent online fundraiser a reality!

Living Life 2020 ...at Home was a tremendous success!

We well exceeded our fundraising goal for the year because of your generosity and support. Fox Valley Memory Project staff and volunteers will continue to support people living with memory loss, their care partners, and families.

THANK YOU to our sponsors, donors, auction item donors, staff, and volunteers for every bit of help during 2020 - both for the fundraiser and outside of the fundraiser. We live in a great community that really comes together when it counts.

Take good care and thank you again!

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Memory Cafes: Join us on Zoom! It's been fun!

Until we can gather together again, staff and volunteers meet on Zoom! More folks are getting involved and we’d love to see your smiling face next time.

Below are the dates and times for September Memory Cafes!
*Dates/times subject to change. Watch the FVMP Facebook page for updates.*

**Tuesdays at 11:00a**
1st, 8th, 15th, 22nd

**Fridays at 1:30p**
4th, 11th, 18th, 25th

Want to know the theme for each day? Check on our [Facebook page](https://www.facebook.com/foxvalleymemoryproject/)

If you’d like to join us, or have questions about Zoom, please contact Brianna by emailing brianna@foxvalleymemoryproject.org.
The link for each cafe is emailed the day prior and you have to simply click the link!

Elvis John at the Thompson Center on Lourdes

Please contact the Thompson Center if you're interested in attending!
Call 920 939-3088
As long as the weather is warm enough, we want to get together outdoors!

Questions? Please email brianna@foxvalleymemoryproject.org.
Men's Caregiver Support Group
For men who are caring for a loved one living with memory loss.

Walt Zerrenner, support group facilitator, will host the group meeting at:
10:00a on the 3rd Thursday of the month
at Ridgeway Country Club (2913 County Road II, Neenah)

Coffee and pastries will be provided.

Support meetings previously held at Touchmark and Primrose are currently on hold.

If you are interested in more information or being part of this men’s group, contact Walt via email at wzerrenner@gmail.com.

Collaborating to Improve Quality of Life
Fox Valley Memory Project collaborates with other organizations to offer programs and services that improve quality of life for persons with dementia, as well as their family care partners and friends. We encourage practices of hospitality and inclusion.
that make our community dementia-friendly.