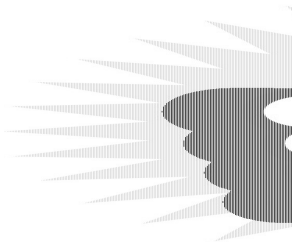




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September 15, 2020



Follow Fox Valley Memory Project on Facebook!

There is so much content to see and share.
It's a great way to stay engaged while we're apart.

[Click here to go to the Facebook page!](#)

TRUE GRIT

Walk to End
Alzheimer's



Traci and Rick Edmondson are participants and supporters of both Fox Valley Memory Project and the Alzheimer's Association.

Join the Edmondson family's team **"True Grit" for the 2020 Walk to End Alzheimer's**. Join the walk, whether it's for our friend Rick, or for someone else you know.

Walk wherever you are ON or BEFORE September 26

this was the original date for the Montrose, CO walk (Rick's hometown)

Share photos and wear your PURPLE!

Even if you don't raise money, there is power in numbers and support.

[Click here to register and support the True Grit team!](#)

This week in online Memory Cafes...

Tuesday, September 15 @ 11:00a

Old World Wisconsin shares stories about the people who moved to Wisconsin to create a new life! Unpack an immigrant trunk and engage in a cultural craft
(email for pattern materials - brianna@foxvalleymemoryproject.org).



Join the Zoom Cafe here:

<https://wisconsinhistory.zoom.us/my/owweducation>

(Password: Raspberry)

Friday, September 18 @ 1:30p

It's APPLE SEASON and this cafe will be all about apples!



Join John and Susan McFadden and slice up your favorite apple, grab a piece of pie, pour a glass of cider, or just join on Friday to sing about apples, hear stories (about Apple computers and how Appleton got it's name), tell us about your favorite orchards, and we'll share about our favorite apples.

Join the Zoom Cafe here:
<https://uso2web.zoom.us/j/89546387228>

Memory Cafes: Join us online! It's been fun!

Until we can gather together again, staff and volunteers meet on Zoom - an online meeting platform with sound and video. More folks are getting involved and we'd love to have you with us next time.



Dates/times subject to change. Watch the FVMP Facebook page for updates.

Tuesdays at 11:00a
15th, 22nd

Fridays at 1:30p
18th, 25th

Want to know the theme for each day? Check on our [Facebook page](#)!

If you'd like to join us, or have questions about using Zoom, please contact Brianna by emailing brianna@foxvalleymemoryproject.org.

The link for each cafe is emailed the day prior and you have to simply click the link and follow any prompts on the screen.

KAIROS ALIVE! NE WISCONSIN COMMUNITY CONNECTION JAM ON ZOOM

All Ages and Abilities
Welcome!

Thursdays
1:30-2:15 PM



Curated by Kairos Alive!
dancer/singer/actors, we'll sing, tell
stories and move together on the
virtual dance floor. These events are
designed for all ages and abilities and
often feature live music to inspire you,
your family and friends.

Made possible by support from Bader
Philanthropies.

REGISTER IN ADVANCE at
info@kairosalive.org to receive
instructions to join us online.

**CREATIVITY
TOGETHER™
WITH KAIROS ALIVE!**

**IN ASSOCIATION WITH FOX
VALLEY MEMORY PROJECT
AND LAWRENCE UNIVERSITY
CONSERVATORY OF MUSIC.**

Email info@kairosalive.org if you have questions, want to register,
or need more information.

Drive-In COMEDY and a MOVIE!
Call 920 428-0827 to reserve your FREE spot!

Next week - Tuesday, September 22 @ 6:30p!

Drive-In to Healthy Aging

A complimentary evening of laughter, snacks, and just being with others... in a safe and socially distanced venue.

Tuesday, Sept. 22nd
Gates Open at 6:30p

Field of Scenes Drive-In
W3712 WI-55, Freedom, WI



Reserve your complimentary seat!
Call (920) 428-0827
or visit HealthyAgingEvent.com

7:30p: Laughter on Call,
Healthy-Aging Comedian,
Dani Klein Modisett

8:00p: Feature Presentation
"Secondhand Lions"
the 2003 Comedy Classic
Starring Robert Duvall
& Michael Caine



Hosted and paid for by:



HOOPER LAW OFFICE,
Oshkosh | Appleton | Green Bay LLC

Care  **Patrol**TM
Safer Senior Living. Your Goal, Our Mission.

Refreshments provided by:

MOSAIC
FAMILY HEALTH

While the weather is warm enough, we're going to take advantage of it! Since we cannot gather indoors together right now, how about the park?!

Bring your chair and something to drink; we'll bring some light snacks!
Come and go as you need to.

Questions? Please email brianna@foxvalleymemoryproject.org.

MEET US AT THE PARK!

Alan Schultz will be there to play all your favorite tunes! Grab your chair and we'll enjoy an acoustic live performance together. Light snacks will be available.

TUESDAY, SEPTEMBER 29
1:00 - 2:30P
RIVERSIDE PARK PAVILION, NEENAH

This meet-up will happen rain or shine - we've got the pavilion for cover!

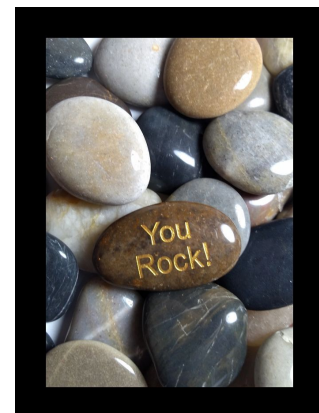
Family caregivers, share your journey

Because of a generous donation from the Aline Zerrenner Dementia Friendly Fund, Family Caregivers Rock will compile a second collection of stories into a book from Wisconsin family caregivers entitled *A Not So Lonely Journey*.

Do you want to be part of it? Simply start composing as if you were talking to a friend. This is YOUR journey, so there is no right or wrong - only you know your thoughts, feelings, and experiences.

If you would like to make a submission for *A Not So Lonely Journey*, see below:

- Submission deadline is midnight on Sunday, November 15, 2020 - no exceptions.
- Anticipated publication is March 2021 and limited to 240 pages.
- Submissions may be from past or present Wisconsin family caregiver who cared for a loved one of any age with a memory-related diagnosis.
- Submissions are limited to:
 - Maximum of 7 single-spaced, typed pages



- Minimum of 2 single-spaced, typed pages
- Not all submissions are guaranteed to be published.

Any questions and all submissions should be emailed to FamilyCaregiversRock@outlook.com. Email submissions as a Word document to allow for copy/paste into publishing software.

Men's Caregiver Support Group

For men who are caring for a loved one living with memory loss.

Walt Zerrenner, support group facilitator, will host the group meeting at:
10:00a on the 3rd Thursday of the month
at **Ridgeway Country Club** (2913 County Road II, Neenah)

Coffee and pastries will be provided.

Support meetings previously held at Touchmark and Primrose are currently on hold.

If you are interested in more information or being part of this men's group, contact Walt via email at wzerrenner@gmail.com.

Collaborating to Improve Quality of Life

Fox Valley Memory Project collaborates with other organizations to offer programs and services that improve quality of life for persons with dementia, as well as their family care partners and friends. We encourage practices of hospitality and inclusion that make our community dementia-friendly.

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