



# December Newsletter

[Website](#)
[About](#)
[Resources](#)
[Contact](#)
[Giving](#)

## Monthly Calendar

Fox Valley Memory Project December 2020						
◀ Nov 2020						Jan 2021 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 11 AM Memory Café Hearthstone House Tour	2	3	4 1:30 PM Memory Café Greeting Cards & Gift Tags – RSVP for your free kit	5
6	7	8 11 AM Memory Café Kairos Alive Holiday Music	9	10 12 Noon – Caregiver Support Group focused on those who have loved ones in care facilities	11 1:30 PM Memory Café Cookie Decorating w/ Bobbie Thompson RSVP for your free kit	12
13	14	15 11 AM Memory Café Holidays with the McFaddens	16	17 1:30 PM Special Sing Along Event RSVP for your free goodie bag!	18 1:30 PM Memory Café Bergstrom Mahler Glass Museum Craft – RSVP for your free kit	19
20	21	22 11 AM Memory Café Holiday Word Games w/ Nicole	23	24	25 Christmas Day	26
27	28	29 11 AM Memory Café Nutcracker in the Castle Tour at The Paine Art Center	30	31	RSVP for December Kit Deliveries at <a href="http://www.Bit.Ly/DecCraftKits">www.Bit.Ly/DecCraftKits</a>  Join Memory Cafés at <a href="http://www.Bit.Ly/DecMemoryCafes">www.Bit.Ly/DecMemoryCafes</a>	

[Click to Enlarge](#)

## Holiday Plans



## Memory Project Holiday Baskets

Bring Joy to Our Community Members Living with Memory Loss


### What's in the Basket:

- 35 Piece puzzle of the Fox Valley
- Hand lotion
- Non-slip fuzzy socks
- Ceramic mini tree
- Activity book
- Candy filled holiday canister
- Travel cup
- A few extra surprises!

\$25

### Donation

Buy for a loved one  
or sponsor one for  
our participants!



Help us bring joy to our community members living with memory loss this holiday season. Social distancing has been a challenge for those who are isolated from family and friends. Our dementia gift baskets are designed to help ease some of that stress and keep brains active! We welcome anyone to purchase a gift basket as a donation to our participants or to order one for their loved ones! Baskets will be delivered the week of December 21st.

[Click Here to Order](#)

## SANTA'S CHRISTMAS VISIT



DECEMBER 12, 2020  
9:00 AM - 12:00 PM

THOMPSON CENTER ON LOURDES  
PARKING LOT

2331 E. Lourdes Dr., Appleton, WI 54915

*Santa, Mrs. Clause and a few of their elves are coming to TCoL! They'll be handing out treats, blowing you kisses and collecting your letters for Santa...be sure to include your return address and register early!*

RSVP: (920)-939-3088

This event is FREE to the public but does require registration.

Drive through on December 12th to see some reindeer and Fox Valley Memory Project staff! You may even get a goodie bag out of it!

# Holiday Sing Along

Virtual Event & Gift Bag Delivery



December 17 / 1:30 PM / Virtual on Zoom  
RSVP for Gift Bag

Join us for a virtual Zoom sing along of your favorite holiday classics led by the On a Positive Note Chorus Director, Kathleen Albrecht. This exciting sing along event will feature live musicians and a free home delivered gift bag. Join us on December 17th at 1:30 PM

[RSVP for Gift Bag Here](#)

[Log Into Zoom Call Here](#)

## Memory Cafés



### It's Easy to Join us Online!

Join us on Zoom using the links below for online Memory Café opportunities. This month we will have music and community tours on Tuesdays at 11 AM and craft kits on Fridays.

Please RSVP here for Friday Cafés if you want to receive a free craft kit delivered to you. You can also call (920) 225-1711 to RSVP.

All craft kit requests must be

received by Thursday at 12 Noon  
prior to the Friday Café

[RSVP for Kit Delivery Here](#)

**All Memory Cafés in December will use this link:** <https://bit.ly/DecMemoryCafes>

Zoom ID: 869 8923 2157

Password: Holiday20

[Click to Join Memory Café Call](#)

December 1st @ 11 AM - Hearthstone House Tour

December 4th @ 1:30 PM - Greeting Cards & Gift Tags - [RSVP](#)

December 8th @ 11 AM - Kairos Alive Holiday Music

December 11th @ 1:30 PM - Cookie Decorating - [RSVP](#)

December 15th @ 11 AM - Holidays with the McFaddens

December 18th @ 1:30 PM - Bergstrom Mahler Glass Ornaments - [RSVP](#)

December 22nd @ 11 AM - Holiday Word Games

December 29th @ 11 AM - The Paine Nutcracker in the Castle Tour

## Caregiver Support Group

### Caregiver Support Group

For those with loved ones in  
care facilities

Monthly group on the 2nd  
Thursday at 12 PM on Zoom

Open to All

[www.bit.ly/facilitysupportgroup](http://www.bit.ly/facilitysupportgroup)



### December 10th at 12 Noon

This support group will be geared towards caregivers who have loved ones living in a facility. We recognize that it is difficult to remain connected with loved ones while facilities are doing their best to keep COVID from entering. This support group will take place virtually to start, and we will continue to monitor the COVID-19 situation to determine when it is safe to return to in-person meetings. Meetings are open, with no requirement to RSVP

Questions? Call or text 920-225-1711

[Join Us Here](#)

## Resources from the Community



# KAIROS ALIVE! NE WISCONSIN COMMUNITY CONNECTION JAM ON ZOOM

All Ages and Abilities  
Welcome!

Thursdays  
1:30-2:15 PM



Curated by Kairos Alive! dancer/singer/actors, we'll sing, tell stories and move together on the virtual dance floor. These events are designed for all ages and abilities and often feature live music to inspire you, your family and friends.

Made possible by support from Bader Philanthropies.

REGISTER IN ADVANCE at  
[info@kairosalive.org](mailto:info@kairosalive.org) to receive  
instructions to join us online.

**CREATIVITY  
TOGETHER™  
WITH KAIROS ALIVE!**

**IN ASSOCIATION WITH FOX  
VALLEY MEMORY PROJECT  
AND LAWRENCE UNIVERSITY  
CONSERVATORY OF MUSIC.**

Kairos Alive! December Link: <https://us02web.zoom.us/j/85458431714?pwd=NnpJYW9ZaHMrMXVxZWpHbU2xldz09>



## CarePatrol: Tips for Positive Communication During the Holidays

December 8th @ 6:30 PM

Participants will be able to learn more about:

- Why distress is common for people living with dementia
- Important communication strategies to use during the holiday season
- Practical tips for positive communication

[Click Here to RSVP](#)

## Family Caregiver Support Group

Could you use some extra encouragement and understanding on your journey caring for a loved one? Join us and start getting extra support now! We will be meeting on the **third Wednesday** of every month from **10:00am to 11:30 am** at **Mosaic Family Health located at 229 South Morrison Street, Appleton, WI 54911**. Parking is free for attendees in the Mosaic parking lot located directly in front of the building. You may also participate over the phone by calling 920-560-7263 and entering 489522 when prompted.

All caregivers are welcome.

<i>January 15th, 2020; 10:00am to 11:30am</i>	<i>July 15th, 2020; 10:00am to 11:30am</i>
<i>February 19th, 2020; 10:00am to 11:30am</i>	<i>August 19th, 2020; 10:00am to 11:30am</i>
<i>March 18th, 2020; 10:00am to 11:30am</i>	<i>September 16th, 2020; 10:00am to 11:30am</i>
<i>April 15th, 2020; 10:00am to 11:30am</i>	<i>October 21st, 2020; 10:00am to 11:30am</i>
<i>May 20th, 2020; 10:00am to 11:30am</i>	<i>November 18th, 2020; 10:00am to 11:30am</i>
<i>June 17th, 2020; 10:00am to 11:30am</i>	<i>December 16th, 2020; 10:00am to 11:30am</i>

We look forward to seeing you! For questions please contact Heather Flick or Jackie Gonzalez at Mosaic Family Health at 920-832-2783.

Caregiver Support is provided with Older Americans Act funding from the Outagamie County Aging & Disability Resource Center (ADRC).

Participant donations are warmly accepted to support Family Caregiver Support Group continuation.

**MOSAIC**  
FAMILY HEALTH  
*Teaching the Art & Heart of Care*

**ADRC**  
Aging & Disability Resource Center  
of Calumet, Outagamie and Winnepeg Counties

## In Person Support Group at Mosaic Family Health

December 16th @ 10 AM

229 South Morrison Street, Appleton,  
WI 54911

Contact Mosaic Health with any  
questions at 920-832-2783

## Volunteer Needs

Fox Valley Memory Project couldn't put on the programming that we do without the help of our *wonderful* volunteers. This month we will be seeking folks to help with the following:

- Hand writing & addressing holiday cards
- Delivering craft kits and gift baskets around the Fox Valley
- Participating in Memory Café events
- 

If these sound like things you can help with, please click below to let us know!

[Volunteer Sign Up](#)



