



March Newsletter

[Website](#)
[About](#)
[Resources](#)
[Contact](#)
[Giving](#)

Monthly Calendar

March 2021

February '21							April '21						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6				1	2	3	
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28							25	26	27	28	29	30	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1	2 Memory Café Virtual - 11:00 AM Wheel of Fortune with Nicole	3	4 Kairos Alive Virtual - 1:30 PM	5 Memory Café Virtual - 1:30 PM Roll a Garden Game with Bobbie RSVP Required	6
7	8	9 Memory Café Virtual - 11:00 AM Ireland Tour with Bob Archer	10	11 Kairos Alive Virtual - 1:30 PM	12 Memory Café Virtual - 1:30 PM St. Patty's Happy Hour with Carrie RSVP Required	13
14	15 Memory Café Virtual 1:30 PM St. Patrick's Day w/ YMCA preschool RSVP Required	16 Memory Café Virtual - 11:00 AM Musical Jukebox with the McFaddens	17 	18 Kairos Alive Virtual - 1:30 PM	19 Memory Café Virtual - 1:30 PM Scattagories with the Bergstrom Mahler Museum	20
21	22	23 Memory Café Virtual - 11:00 AM BINGO with CarePatrol RSVP Required	24	25 Kairos Alive Virtual - 1:30 PM	26 Memory Café Virtual - 1:30 PM Tile Planters with Alisa RSVP Required	27
28	29	30 Memory Café Virtual - 11:00 AM Poetry fun With Gary Glazner	31	1	2	3
4	5	Notes				

Calendar Templates by Vertex42
<https://www.vertex42.com/calendars/>

[Click to Enlarge](#)

Memory Cafés



It's Easy to Join us Online!

Join us on Zoom using the links below for online Memory Café opportunities. Check the calendar for which Cafes require RSVP.

We are using a new system for registration.
You must register for each café you would like to receive a kit delivery for. If you need help, please call 920-225-1711

[CLICK HERE](#) to learn how to register

[Memory Café Registration](#)

Schedule

March 2nd @ 11 AM - Chair Yoga & Wheel of Fortune with Nicole
March 5th @ 1:30 PM - Roll a Garden Game with Bobbie [RSVP here](#)
March 9th @ 11 AM - Tour of Ireland with Bob Archer
March 12th @ 1:30 PM - St. Patrick's Day Celebration with Carrie [RSVP here](#)
March 16th @ 11 AM - Musical Jukebox: Love Songs
March 19th @ 1:30 PM - Bergstrom Mahler Museum
March 23rd @ 11 AM - BINGO with CarePatrol [RSVP here](#)
March 26th @ 1:30 PM - Tile planter project with Alisa [RSVP here](#)
March 30th @ 11 AM - Poetry fun with Gary Glazner

All Memory Cafés in March will use this link:

Zoom ID: 890 5815 9537

Meeting Passcode: livingwell

[Click to Join Memory Café](#)
Call

YMCA Intergenerational Café

Virtual Memory Café

Intergenerational Event with 4K YMCA Group

Monday, March 15
@ 1:30PM

R.S.V.P. to have a kit delivered!



Join the pre-school class at the Neenah-Menasha YMCA for songs and a shamrock painting activity. The kids are so excited to meet you! Please RSVP by 3/11 to receive the supplies to craft along with the kiddos.

[RSVP Here](#)

Kairos Alive! Wisconsin Connection Jam

Kairos Alive!

Creativity Together™

Join the all ages and abilities 2-way creativity
jam of interactive dance, music, and theater -
and the latest arts and health research
learning

via Zoom

Thursday at 1:30 PM

Zoom ID: 856 0123 4172

Password: Kairos

[Join Kairos Call](#)

On a Positive Note Chorus



The On a Positive Note Chorus continues to practice virtually on Zoom bi-weekly. Join us on the following Tuesdays 3 PM - 4 PM on Zoom.

March 2
March 16
March 30

New to On a Positive Note? Call
Susan at 920-739-8695
or e-mail
susan.h.mcfadden@gmail.com

Caregiver Support Group

March 11th at 12 Noon

This support group will be geared towards

Caregiver Support Group



For those with loved ones in
care facilities

Monthly group on the 2nd
Thursday at 12 PM on Zoom

Open to All

www.bit.ly/facilitysupportgroup



caregivers who have loved ones living in a facility. We recognize that it is difficult to remain connected with loved ones while facilities are doing their best to keep COVID from entering. This support group will take place virtually to start, and we will continue to monitor the COVID-19 situation to determine when it is safe to return to in-person meetings. Meetings are open, with no requirement to RSVP

Questions? Call or text 920-225-1711

[Join Us Here](#)

Support Us, Buy Your Kwik Trip Gas Here!



Fox Valley Memory Project now sells Kwik Trip gift cards as a fundraiser for our programs. Each card provides a percentage of your purchase directly to Fox Valley Memory Project. You can purchase cards today through our new virtual store.

[Purchase Online](#)

Resources from the Community



Glazner performs poetry with Evedine Lovell

Poetry for Life: Call-in Show

We are excited to say
we start on,
Thursday, Feb 25th!

Please join poets Gary Glazner and Fabu Carter
every Thursday. at 10:30am CST.

Call (609) 663-1816

(No access code needed. If you want to talk press *6)

Poetry for Life is a 20- to 30-minute-long show that
sounds like an old-fashioned radio show.

Suitable for all ages! Funny Poems! Happy Poems! Well-Loved Poems!
Poems that make you want to Dance. Love Poems! Silly Poems! Won't you
call in and take a chance?

Contact poet Gary Glazner for more info at: garyglaznerpoet@gmail.com

Partially funded by the RRF Foundation for Aging and Bader Philanthropies, Inc. For their support and partnership we thank: Aging and Disability Resource Center of Dodge County; Adelphi University, School of Social Work; the Alzheimer's & Dementia Alliance of Wisconsin; John and Susan McFadden and the SPARK! Alliance.



Men's Caregiver Support Group

Walt Zerrenner facilitates an independent support group for men who are caring for a spouse with memory loss. The group meets at 10:00 a.m. on the 3rd Thursday of the month at the CarePatrol office, 3701 E Evergreen Drive #280, Appleton. Appropriate social distancing measures are in place to ensure a safe, in-person setting.

If you are interested in more information or would like to join the caregiver's support group, contact Walt via email at wzerrenner@gmail.com.



Where Can Those 65+ Get the COVID-19 Vaccine?

Starting January 25, those eligible can get the vaccine:

- Through your health care provider
- By checking the website or social media of your health care provider, pharmacy, or local health department to see if the vaccine is available
- DHS and local health departments are coordinating additional vaccination options

Patience

It will take time to vaccinate everyone. The population size for those 65 and older is 700,000 and Wisconsin currently receives ~70,000 first-dose vaccines per week from the federal government.

Other resources for information include your local Aging and Disability Resource Center or senior center.



WISCONSIN DEPARTMENT
of HEALTH SERVICES

COVID-19 Vaccinations

Starting January 25th, Wisconsinites aged 65+ are eligible to receive the COVID-19 vaccine. Learn more by clicking the link shared below by the Wisconsin Department of Health Services.

[Click to Learn More](#)

Volunteer Needs

Fox Valley Memory Project couldn't put on the programming that we do without the help of our *wonderful* volunteers. This month we will be seeking folks to help with the following:

- Delivering craft kits around the Fox Valley
- Participating in Memory Café events

If these sound like things you can help with, please click below to let us know!

[Volunteer Opportunities](#)

