## March 2021

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
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<td>Memory Café Virtual - 11:00 AM Wheel of Fortune with Nicole</td>
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<td>Kairos Alive Virtual - 1:30 PM</td>
<td>Memory Café Virtual - 1:30 PM Roll a Garden Game with Bobbie RSVP Required</td>
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<td>Memory Café Virtual - 11:00 AM Ireland Tour with Bob Archer</td>
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<td>Kairos Alive Virtual - 1:30 PM</td>
<td>Memory Café Virtual - 1:30 PM St. Patty’s Happy Hour with Carrie RSVP Required</td>
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<td>Memory Café Virtual 1:30 PM St. Patrick’s Day w/ YMCA preschool RSVP Required</td>
<td>Memory Café Virtual - 11:00 AM Musical Jukebox with the McDaddens</td>
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<td>Kairos Alive Virtual - 1:30 PM</td>
<td>Memory Café Virtual - 1:30 PM Scattegories with the Bergstrom Mahler Museum</td>
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<td>Memory Café Virtual - 11:00 AM BINGO with CarePatrol RSVP Required</td>
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<td>Kairos Alive Virtual - 1:30 PM</td>
<td>Memory Café Virtual - 1:30 PM Tile Planters with Alisa RSVP Required</td>
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<td>Memory Café Virtual - 11:00 AM Poetry fun With Gary Glazner</td>
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<td>Notes</td>
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### Memory Cafés

[Click to Enlarge Calendar](https://www.vertex42.com/calendars)
It's Easy to Join us Online!

Join us on Zoom using the links below for online Memory Café opportunities. Check the calendar for which Cafes require RSVP.

We are using a new system for registration. You must register for each café you would like to receive a kit delivery for. If you need help, please call 920-225-1711

CLICK HERE to learn how to register

Memory Café Registration

Schedule
March 2nd @ 11 AM - Chair Yoga & Wheel of Fortune with Nicole
March 5th @ 1:30 PM - Roll a Garden Game with Bobbie RSVP here
March 9th @ 11 AM - Tour of Ireland with Bob Archer
March 12th @ 1:30 PM - St. Patrick's Day Celebration with Carrie RSVP here
March 16th @ 11 AM - Musical Jukebox: Love Songs
March 19th @ 1:30 PM - Bergstrom Mahler Museum
March 23rd @ 11 AM - BINGO with CarePatrol RSVP here
March 26th @ 1:30 PM - Tile planter project with Alisa RSVP here
March 30th @ 11 AM - Poetry fun with Gary Glazner

All Memory Cafés in March will use this link:
Zoom ID: 890 5815 9537
Meeting Passcode: livingwell
YMCA Intergenerational Café

Virtual Memory Café
Intergenerational Event with 4K YMCA Group

Monday, March 15
@ 1:30PM

R.S.V.P. to have a kit delivered!

Join the pre-school class at the Neenah-Menasha YMCA for songs and a shamrock painting activity. The kids are so excited to meet you! Please RSVP by 3/11 to receive the supplies to craft along with the kiddos.

RSVP Here

Kairos Alive! Wisconsin Connection Jam
Join the all ages and abilities 2-way creativity jam of interactive dance, music, and theater - and the latest arts and health research learning via Zoom Thursday at 1:30 PM

Zoom ID: 856 0123 4172
Password: Kairos

Join Kairos Call

On a Positive Note Chorus

The On a Positive Note Chorus continues to practice virtually on Zoom bi-weekly. Join us on the following Tuesdays 3 PM - 4 PM on Zoom.

March 2
March 16
March 30

New to On a Positive Note? Call Susan at 920-739-8695 or e-mail susan.h.mcfadden@gmail.com

Caregiver Support Group

March 11th at 12 Noon
This support group will be geared towards
caregivers who have loved ones living in a facility. We recognize that it is difficult to remain connected with loved ones while facilities are doing their best to keep COVID from entering. This support group will take place virtually to start, and we will continue to monitor the COVID-19 situation to determine when it is safe to return to in-person meetings. Meetings are open, with no requirement to RSVP.

Questions? Call or text 920-225-1711

Join Us Here

Support Us, Buy Your Kwik Trip Gas Here!

Fox Valley Memory Project now sells Kwik Trip gift cards as a fundraiser for our programs. Each card provides a percentage of your purchase directly to Fox Valley Memory Project. You can purchase cards today through our new virtual store.

Purchase Online

Resources from the Community
Poetry for Life: Call-in Show

We are excited to say we start on, Thursday, Feb 25th!

Glazner performs poetry with Evedine Lovell

Please join poets Gary Glazner and Fabu Carter every Thursday, at 10:30am CST.

Call (609) 663-1816
(No access code needed. If you want to talk press *6)

Poetry for Life is a 20- to 30-minute-long show that sounds like an old-fashioned radio show.

Suitable for all ages! Funny Poems! Happy Poems! Well-Loved Poems! Poems that make you want to Dance. Love Poems! Silly Poems! Won’t you call in and take a chance?

Contact poet Gary Glazner for more info at: garyglaznerpoet@gmail.com

Partially funded by the RRF Foundation for Aging and Bader Philanthropies, Inc. For their support and partnership we thank: Aging and Disability Resource Center of Dodge County; Adelphi University, School of Social Work; the Alzheimer’s & Dementia Alliance of Wisconsin; John and Susan McFadden and the SPARK! Alliance.
Men's Caregiver Support Group

Walt Zerrenner facilitates an independent support group for men who are caring for a spouse with memory loss. The group meets at 10:00 a.m. on the 3rd Thursday of the month at the CarePatrol office, 3701 E Evergreen Drive #280, Appleton. Appropriate social distancing measures are in place to ensure a safe, in-person setting.

If you are interested in more information or would like to join the caregiver's support group, contact Walt via email at wzerrenner@gmail.com.

COVID-19 Vaccinations

Starting January 25th, Wisconsinites aged 65+ are eligible to receive the COVID-19 vaccine. Learn more by clicking the link shared below by the Wisconsin Department of Health Services.

Volunteer Needs

Fox Valley Memory Project couldn't put on the programming that we do without the help of our wonderful volunteers. This month we will be seeking folks to help with the following:

- Delivering craft kits around the Fox Valley
- Participating in Memory Café events

If these sound like things you can help with, please click below to let us know!