

To Your Health and Safety!

An event designed for individuals living with memory loss and their care partners

Saturday, November 9th, 8:30 am—12:30 pm

The event will include:

- *Sergeant Carrie Peters of the Appleton Police Department, discussing the creation of a safety plan
- *Laura Charlier, Dietician, St. Paul Elder Services providing a cooking demonstration using the MIND diet and sharing recipes that support memory health
- *A panel of experts from the community addressing your questions
- *Demonstration of various equipment and gadgets to enhance home safety

There is no cost for this event and a healthy lunch will be provided.

Seating is limited. Please contact Julie Feil, LCSW @ (920)766-6186 to register by November 4th

Respite care is available but must be arranged at time of registration.

Located at the Hoffman Memory Care Resource Center within St. Paul Elder Services, 221 E. 13th Street, Kaukauna

