



[Website](#) [About](#) [Resource Center](#) [Memory Assessment](#) [Contact](#) [Giving](#)

**March 1, 2020**

**FREE Maple Syrup Program at Bubolz!**

Thursday, March 12, 2020  
Bubolz Nature Preserve  
(4815 N Lynndale Ave, Appleton)

The program will run from 12:00 - 1:30p.

Have you ever tapped trees for sap to make maple syrup?  
Are you curious about how it's done?  
Or are you already an expert, but haven't been out to do it lately?

Please RSVP to Brianna at [brianna@foxvalleymemoryproject.org](mailto:brianna@foxvalleymemoryproject.org)  
by **Tuesday, March 10**



**Northeast Wisconsin Passion Play**  
at Xavier Fine Arts Theater

Tuesday, March 31, 2020 @ 7:00p (arrive by 6:40p)

The NEW Passion Play is a powerful musical drama retelling the timeless story of the New Testament in a new, exciting stage production appropriate for all ages.

**Please RSVP by Wednesday, March 25**  
by calling 920 225-1711 or

Please include the following information:

-your name

-contact phone number (for reminder call on March 30)

-number of attendees

If it applies to you or a loved one, please indicate if you need space for a wheelchair.

---

April 22 @ 7:00p | UWO Fox Cities Theater  
(1478 Midway Road, Menasha)



## Dream Role

This fast paced 90 minutes of show-stopping hits you have come to know and love, **Dream Role** is an experience you will want to have every year! Mark your calendars, it happens in April. Come and enjoy the fun. You won't believe the energy of the night.

---

April 29 @ 4:30p | Appleton North High School Room 1087

## MIND Diet Cooking Class with Julie

Join Julie Andrews, local registered dietician, chef, and cookbook author for a hands-on cooking class! Julie will lead us in creating a few recipes from her MIND Diet Plan & Cookbook and teach us how our cognition can be improved by what we eat. Register for this class to find out how simple changes can promote a healthier brain.

**\*Small fee of \$10/person for MIND Diet Cooking with Julie. Space is limited.\***

**Registration will begin April 1 and information will be in the April newsletter for both programs.**

---

## Memory Cafes

[March Memory Cafe Schedule](#)

[April Memory Cafe Schedule](#)

We request everyone attend with a partner if possible - the experience is that much better when it is shared with another. Call 920 225-1711 for more information.

---



## Purple Angel Dementia Awareness Training

Training aims to create a more understanding and dementia-friendly community for citizens living with memory loss and also for care partners and family members. Fox Valley Memory Project encourages people living with memory loss to be part of their community with as much independence as they are comfortable with, and for as long as they are able.



### Businesses Trained in February:

Hooper Law Office (2 training sessions)  
Appleton International Airport (4 training sessions)  
The Chiropractic Advantage

Thank you for joining in to create a more inclusive and dementia-friendly community.

If you would like more information about Purple Angel Training, please reach out to Brianna Jenkins, Program Coordinator, at 920 225-1711 or e-mail [brianna@foxvalleymemoryproject.org](mailto:brianna@foxvalleymemoryproject.org).



St. Paul Elder Services, Inc.

... where life is cherished.

## FREE Lunch & Learn

### Guide to Creating a Healthy Diet

St. Paul Elder Services' Registered Dietician and Dietetic Interns from UW-Green Bay will present valuable and healthy tips to creating a healthy diet

**Friday, March 27, 2020 11:30am-1:00pm**

**Thompson Center on Lourdes**

**2331 East Lourdes Drive - Appleton**

**No Cost. Space is limited to 30 individuals. Please call (920) 939-3088 to RSVP.**

Lunch and program sponsored by St. Paul Elder Services, Inc.

## Memory Camp 2020!

Beautiful Moon Beach Camp in St. Germain, WI, will host Memory Camp once again - welcoming families from August 17 - 20. [Click here to be routed to the registration page.](#)

**REGISTER NOW!**

If you have questions about Memory Camp activities, experiences, or costs, please feel free to call Susan McFadden at 920 739-8695.

## Men's Caregiver Support Groups

For men who are care partners for a person living with dementia.

### 1st Tuesday of each month:

**10:00a** at Primrose Retirement Community (5715 N Meade St, Appleton)

**2:30p** at Touchmark on West Prospect (2601 Touchmark Dr, Appleton)

Contact Walt Zerrenner, group facilitator, at 920 277-8965 or [wzerrenner@gmail.com](mailto:wzerrenner@gmail.com)

### 2nd Wednesday of each month:

**10:00a** at Valley VNA Senior Care (1535 Lyon Dr, Neenah)

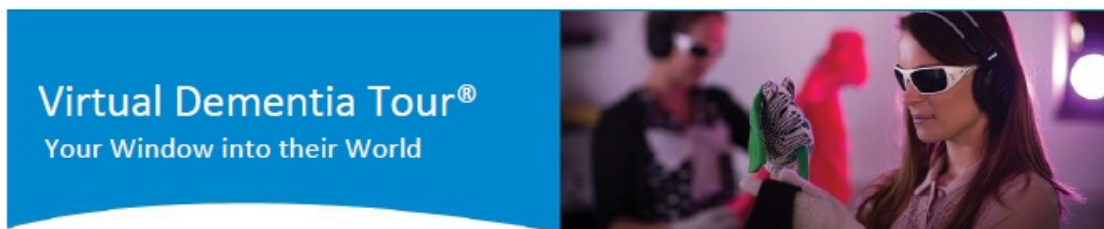
Contact Tom Lyons, group facilitator, at 920 637-1271 or [thomaslyons48@gmail.com](mailto:thomaslyons48@gmail.com)

### 3rd Thursday of each month:

10:00a at Brookdale Senior Living (5800 Pennsylvania Ave, Appleton)

Contact Walt Zerrenner, group facilitator, at 920 277-8965 or [wzerrenner@gmail.com](mailto:wzerrenner@gmail.com)

For more information regarding support groups outside of the above offerings, please contact Brianna, Program Coordinator at Fox Valley Memory Project at 920 225-1711 or e-mail to [brianna@foxvalleymemoryproject.org](mailto:brianna@foxvalleymemoryproject.org).



Please join BrightStar Care of Appleton / Fox Cities for their Community Virtual Dementia Tour®

#### About the Virtual Dementia Tour®

The Virtual Dementia Tour® is a patented program of nonprofit organization Second Wind Dreams®, which uses patented sensory tools and training based on research conducted by P.K. Beville, M.S., a specialist in geriatrics and the founder of Second Wind Dreams®. The Virtual Dementia Tour® makes it possible for participants to experience the physical and mental challenges associated with dementia. This training is ideal for professional and family caregivers, health care workers and community members who have routine interactions with people living with Alzheimer's disease, dementia or other cognitive impairments.

#### 2020 DATES

Monday, March 16, 2020

Monday, April 20, 2020

Monday, May 18, 2020

#### AVAILABLE SESSIONS

3:00pm – 4:00pm | 4:15pm – 5:15pm

#### REGISTER FOR THIS EVENT

Pre-registration is required as space for each one-hour session is limited.  
To register, please contact BrightStar Care of Appleton / Fox Cities / Waupaca.

PHONE: 920-882-7277

RSVP to: [cbrauer@brightstarcare.com](mailto:cbrauer@brightstarcare.com)

#### BrightStar Care of Appleton / Fox Cities

35 Park Place, Suite 100 | Appleton, WI 54914

[BrightStarCare.com/Appleton](http://BrightStarCare.com/Appleton)



BrightStar Care of Appleton / Fox Cities is independently owned and operated and accredited by The Joint Commission.



# SPARK!

CULTURAL PROGRAMMING  
for PEOPLE WITH MEMORY LOSS

## March 2020 Sessions

**Bergstrom-Mahler Museum of Glass**  
**Tuesday, March 10 from 10:30a-12:00p | Decorate Your House**

[Click here for more about SPARK! at the Bergstrom-Mahler Museum](#)

**Building for Kids**  
**Sunday, March 15 from 2:00-3:30p | Joe, Java, Brew with Bill Wetzel of Acoca Coffee**

[Click here for more about SPARK! at The Building for Kids](#)

**Trout Museum of Art**  
**Monday, March 9 from 1:00-2:30p | SECURA Fine Arts Exhibition Gallery Tour**

[Click here for more about SPARK! at The Trout Museum of Art or St. Paul Elder Services](#)

**Registration required at least one week prior as space is limited.**

**To reserve your spot, call:**

Bergstrom-Mahler Museum of Glass at 920 751-4658

The Building for Kids at 920 734-3226

The Trout Museum of Art at 920 733-4089

Each one-hour program is led by a specially trained museum educator who will engage participants in interactive exhibit experiences.

After each program, coffee and conversation is led by volunteers who give participants and caregivers the opportunity to support and socialize.

## Memory Care Respite Partners

A monthly respite program is held on the  
**1st & 2nd Monday of each month**  
at St. Paul Lutheran Church in Neenah  
(200 N Commercial Street, Neenah)

This free program is staffed by professional caregivers and trained volunteers. Activities include music, organized arts, crafts and refreshments.

Registration is requested by email at  
memorycarerespitepartners@gmail.com or by calling 920 383-1180.

[Click here](#) for more information.

## Thank You to Our Generous Supporters

Fox Valley Memory Project is funded entirely by donations and grants.  
Thank you to all who generously contribute to the organization.

## Collaborating to Improve Quality of Life

Fox Valley Memory Project collaborates with other organizations to offer programs and services that improve quality of life for persons with dementia, as well as their family care partners and friends. We encourage practices of hospitality and inclusion that make our community dementia-friendly.

Join Our Mailing List



Forward To A Friend

Donate

Fox Valley Memory Project | [Website](#) | [Email Address](#)

Copyright © 2015. All Rights Reserved.