

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



*Happy
New Year*

New Year's Day

Memory Cafés & Special Events

2	3	4	5 Café – Fox West YMCA 1:30p	6 Café – River Tyme Bistro 1:30p	7	8
9	10 Café – Kaukauna Public Library 1:30p	11 TLC Support Group – 1:00p Café – Ledge View Nature Center 1:30p	12 Café – Mosquito Hill 1:30p Café – Oshkosh Public Library 1:30p	13 * Care Facility Caregiver Meet-up – 1:00p	14	15
16	17 Café – Neenah Public Library 1:30p <small>Martin Luther King Jr. Day</small>	18	19 Café – Menasha Public Library 1:30p	20 Café – River Tyme Bistro 1:30p	21 Lunch Bunch Wilder's Cutting Edge Bistro 11:00a \$10 registration required	22
23 <small>Activity Professionals Week</small>	24 Café – New London Senior Center 1:30p	25 TLC Support Group – 1:00p	26 Café – Kimberly Municipal Complex 1:30p <small>Australia Day (observed)</small>	27	28	29
30	31 Café – Oshkosh YMCA 1:30p	<p>*New this month: Caregiver Meet-up for those who have family in a care facility. Join us every 2nd Thursday at 1:00pm at Globe Coffee in Neenah.</p>				



January 2022 Memory Café Schedule

www.foxvalleymemoryproject.org

Memory Cafés welcome persons experiencing memory loss, along with family and friends who love and care for them. Attendees participate in activities, learning, music, conversation, refreshments, laughter, and fun.

Appleton

River Tyme Bistro, 425 W. Water Street, Appleton – Thursday, January 6 – 1:30 – 3:00p

Are you feeling lucky in 2022? Join us for some fun bingo and silly conversations to start the New Year out right!

River Tyme Bistro, 425 W. Water Street, Appleton – Thursday, January 20 – 1:30 – 3:00p

Spread Joy! Lights off, caroling done, gifts given. What's left? A fresh perspective on Joy. Carry Joy into 2022. Happy New Year!

Chilton

Ledge View Nature Center, W2348 Short Road, Chilton – Tuesday, January 11 – 1:30 – 2:30p

What animals hibernate in the winter? Where do they go? Are they really sleeping the whole time? Join us for an afternoon learning about winter hibernation at the nature center!

Greenville

Fox West YMCA, W6931 School Road, Greenville – Wednesday, January 5 – 1:30 – 3:00p

Intro to exercise. No matter your fitness level, come to this Memory Café to learn and try the basics of a complete exercise routine with cardiovascular activity, strength training and stretching. Bring your exercise and fitness questions with you and a fitness professional will answer them for you.

Kaukauna

Kaukauna Public Library, 207 Thilmany Road, Suite 200, Kaukauna – Monday, January 10 – 1:30 – 3:00p

Join us for an upbeat, energizing afternoon. We will be participating in our very own Drum Circle! Come find your rhythm and inner musician as we play our drums together. No musical experience needed!

Kimberly

Kimberly Municipal Complex, 515 W Kimberly Avenue, Kimberly – Wednesday, January 26 – 1:30 – 3:00p

Celebrate Elvis Presley's Birthday with a performance by Elvis Tribute Artist, Elvis John. Put on your blue suede shoes and listen to the music while enjoying one of Elvis' favorite snacks.

Menasha

Menasha Public Library, 440 First Street, Menasha – Wednesday, January 19 – 1:30 – 3:00p

Mayor Don Merkes will present on what is happening in Menasha in 2022! Come with questions!

Neenah

Neenah Public Library, 240 E Wisconsin Avenue, Neenah – Monday, January 17 – 1:30 – 3:00p

Beat the cold with a Winter Carnival full of Minute to Win It games – celebrate the season! No skill necessary, just join in to have fun and get moving! We hope to see you!

New London

Mosquito Hill Nature Center, N3380 Rogers Road, New London – Wednesday, January 12 – 1:30 – 3:00p

We may all feel a bit tired this time of year, but some take sleep to a whole different level! Mary Swifka, a Staff Naturalist at Mosquito Hill, will help us learn about hibernation and winter survival in the animal kingdom. Venture out and join us for an afternoon—it's cold outside, but warm in our building!

New London Senior Center, 600 W Washington Street, New London – Monday, January 24 – 1:30 – 3:00p

Join us for a Jamaican themed afternoon with special guest, Melissa Mulroy, who will be performing with her ukulele! Let's spend the afternoon "Warming up Winter".

Oshkosh

Oshkosh Public Library, 106 Washington Avenue, Oshkosh – Wednesday, January 12 – 1:30 – 3:00p

Happy New Year! We're going to start this year out right by partaking in New Year traditions from around the world, playing carnival games, and enjoying each other's company in a warm, fun atmosphere.

Oshkosh YMCA, 3303 W 20th Avenue, Oshkosh – Monday, January 31 – 1:30 – 3:00p

Join Jessica Smith, from Aspire Senior Living, for a therapeutic rock painting activity! Painting promotes creativity, can be an emotional release for people struggling with stress, and can improve hand-eye coordination. We'll also learn about the history of rock painting and its significance.

Virtual – Zoom

Virtual Kairos Alive Connection Jam – Wednesdays 10:00 – 10:45a

Weekly arts participation and health education through interactive dance and storytelling.